

13 December 2020

Dear Parents/Carers,

You will be aware that the First Minister announced changes to the length of the self-isolation period for anyone identified as a close contact of someone who has tested positive for Covid-19. The duration of the self-isolation period will reduce from 14 days to 10 days and will come into effect from Monday 14 December 2020. Further detail is accessible via this link to the [Scottish Government website](#).

That means that any child who has already been asked to self-isolate will be able to stop self-isolating earlier than the date in the Public Health letter sent to you via your school or ECC. Colleagues in NHS Ayrshire and Arran Public Health may have already contacted you by text message to inform you of the new self-isolation dates for your child.

Please note that this assumes that your child has no symptoms of Coronavirus and that they have not come into contact with someone else who has tested positive during their self-isolation period. Please do not send your child back to school or to ECC if they have any of the following symptoms:

- new cough;
- high temperature (37.8 or above);
- and / or loss of taste and smell.

Anyone who develops any of these symptoms should continue to self-isolate and contact NHS 24 on 111 or via their website <https://www.nhsinform.scot/> to book a test. If your child develops COVID-19 symptoms and they are ill or you are worried about their health you can also call NHS 24 on 111 for medical help.

If your child is well and has completed 10 days of self-isolation, the tables below should help you to recalculate your child's revised return date to school/ECC.

Look for the dates on your letter and find them in the blue box below. Then read across to the same line in the yellow box to find the new dates.

OLD DATES		NEW DATES	
Last date of self-isolation stated on your letter	First day back at school stated on your letter	New last date of self-isolation	New first day back at school
Monday 14 Dec	Tuesday 15 Dec	Sunday 13 Dec	Monday 14 Dec
Tuesday 15 Dec	Wednesday 16 Dec	Sunday 13 Dec	Monday 14 Dec
Wednesday 16 Dec	Thursday 17 Dec	Sunday 13 Dec	Monday 14 Dec
Thursday 17 Dec	Friday 18 Dec	Sunday 13 Dec	Monday 14 Dec
Friday 18 Dec	Wednesday 6 th Jan	Monday 14 Dec	Tuesday 15 Dec
Saturday 19 Dec	Wednesday 6 th Jan	Tuesday 15 Dec	Wednesday 16 Dec
Sunday 20 Dec	Wednesday 6 th Jan	Wednesday 16 Dec	Thursday 17 Dec
Monday 21 Dec	Wednesday 6 th Jan	Thursday 17 Dec	Friday 18 Dec
Tuesday 22 Dec	Wednesday 6 th Jan	Friday 18 Dec	Wednesday 6 th Jan
Wednesday 23 Dec	Wednesday 6 Jan	Saturday 19 Dec	Wednesday 6 th Jan
Thursday 24 Dec	Wednesday 6 Jan	Sunday 20 Dec	Wednesday 6 th Jan

Any letters issued after Friday 11 December will automatically have end dates and return to school/ECC dates based on the new calculations so the dates in the letter are correct.

We hope you find this information helpful.

Yours sincerely,
East Ayrshire Education Service