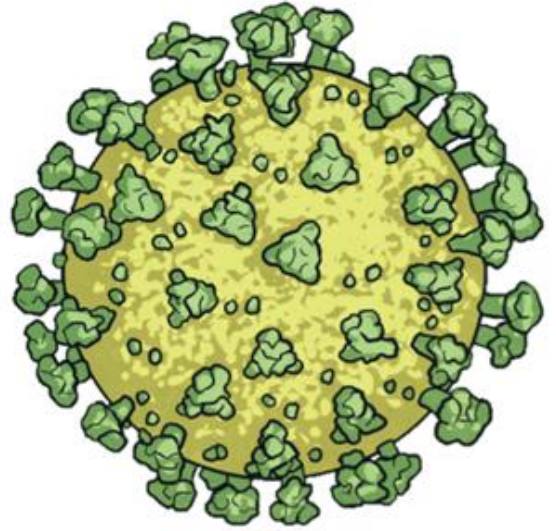# Testing Positive for Coronavirus- A Social Story

When someone tests positive for coronavirus, it's important to try not to spread it to others.

Not spreading coronavirus can seem scary and difficult, but there are some rules we can follow to help us.

If I have tested positive for coronavirus, it doesn't mean that I did anything wrong.

I will have to stay at home for 10 days, and so will everyone else who lives with me, even if we don't feel unwell.
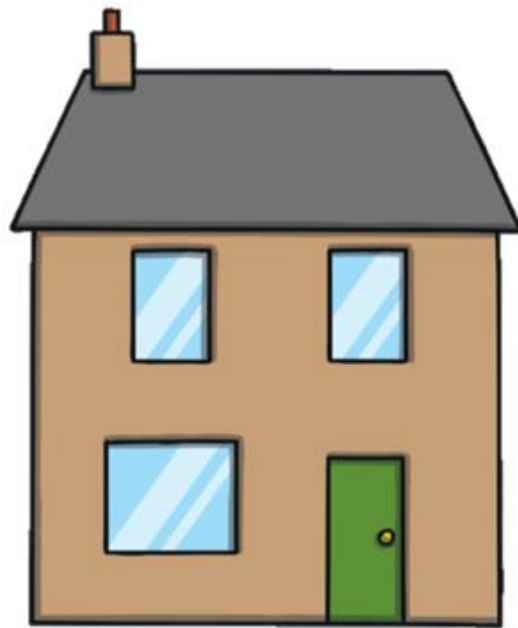
People who I have been in close contact with will also need to stay at home.
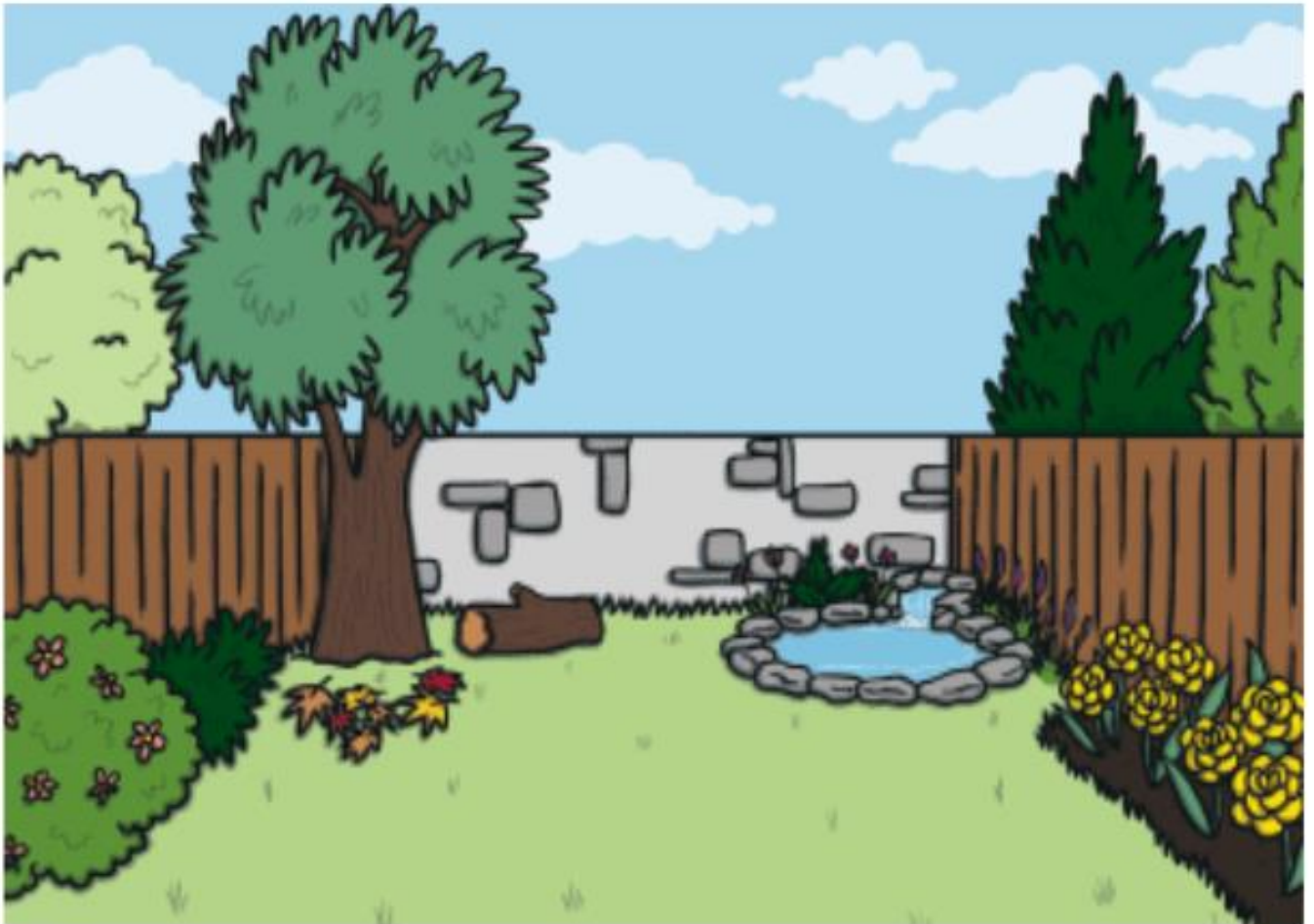
It's important to remember that it's not my fault that other people have to stay at home- we're all doing our best to keep everyone safe.

People who do not live with me can't come into my home, unless they are providing essential care for me or someone else in my home.
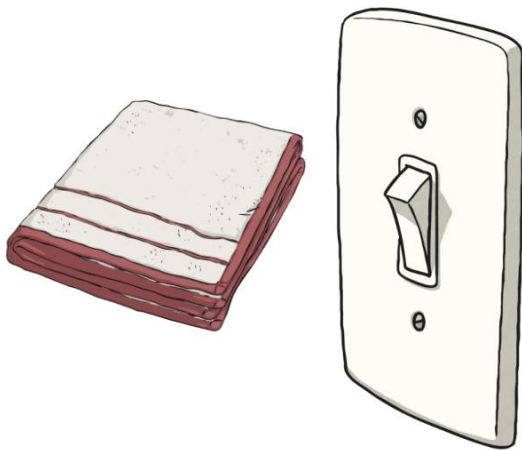
I can go into my own garden if I have one, but I can't go anywhere else outside.

To avoid spreading coronavirus to the people who live with me, there are some other things we can do.

We should wash our hands regularly with soap and water, for at least 20 seconds.

We can clean the things we touch often, like door handles and light switches.

I should cover my nose and mouth with my elbow or a tissue if I sneeze or cough.

I should put used tissues straight into the bin and wash my hands.

It's OK to feel scared about testing positive for coronavirus, but my adults help me to feel better and to follow the rules.

Following these rules helps me not to spread coronavirus.