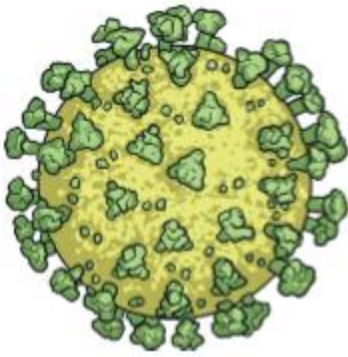


# Returning to School or Nursery After Having Coronavirus- A Social Story



When people have coronavirus, they need to stay at home for 10 days. This is called self-isolation.



When the 10 days are over, as long as nobody else they live with has coronavirus, they can leave home again.



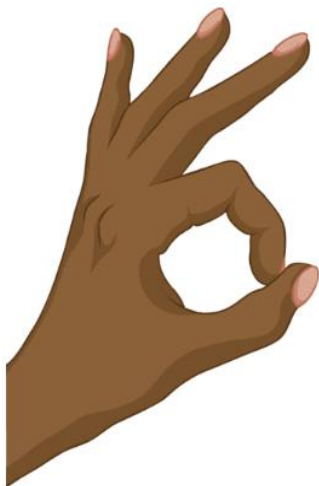
Once my self-isolation is over, I am allowed to go back to my school or nursery if it is open.



I might feel worried about spreading coronavirus.



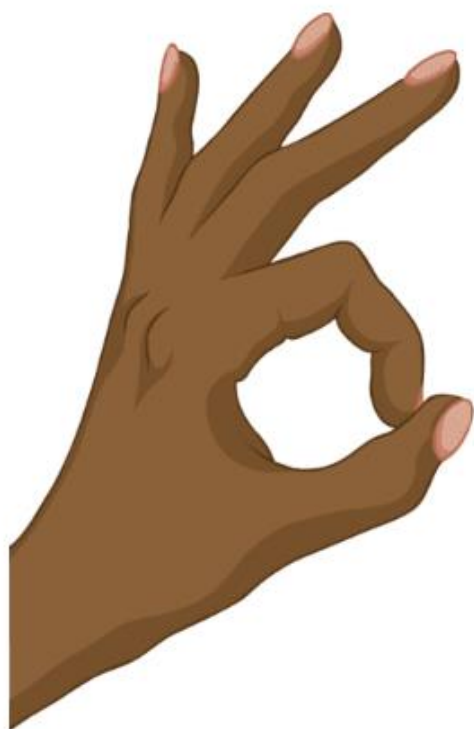
It's OK to feel worried, but I should also remember that once I have self-isolated for 10 days, I should not be able to spread coronavirus anymore.



I might feel nervous about leaving my home and returning to school or nursery.



It's OK to feel nervous when something is changing, but it might help to remember things I enjoyed about school or nursery before I had to self-isolate.





This might be particular subjects or activities I enjoy, seeing staff, playing with friends, or something else!



It's important to remember that it's not my fault I caught coronavirus, and it doesn't mean I did anything wrong.

