

Parents Living in Different Houses During Coronavirus- A Social Story



Some parents do not live in the same house.





There are lots of rules because of coronavirus, and they can sometimes feel confusing.

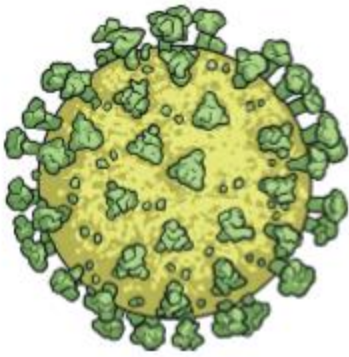
I might feel confused about when I can see my parent who stays in a different house from the one I usually stay in.



If I am feeling well and no one around me has the coronavirus, I can continue to see both of my parents in their different houses.



If I or someone around me has coronavirus, I need to stay at home for 10 days. This is called self-isolation.



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I might not be able to see the parent I do not usually live with during this time.

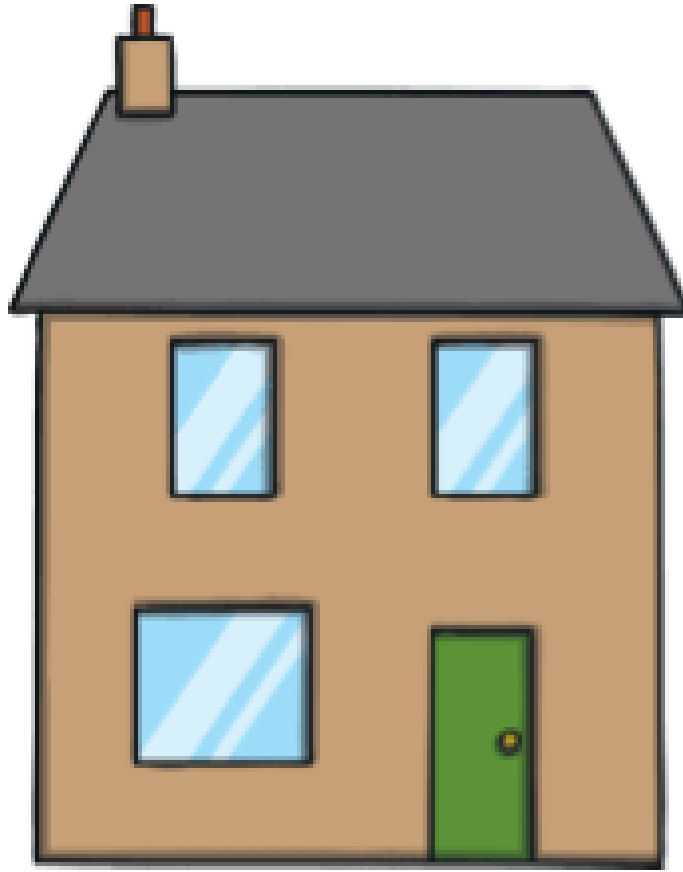
I might feel sad, lonely or miss the parent who does not live with me.



It's OK to feel this way, but there are also lots of ways I can stay in touch with them, such as phoning or texting.



Once my self-isolation is over, I will be allowed to see my parent who does not usually live with me again.



The adults who live with me can find out what else I am allowed to do again by visiting this website:



<https://www.gov.scot/check-local-covid-level/>