

## Bubble Foam

Hello boys and girls, Carole here.

I know you must be missing your friends at nursery and we are all missing you and as we know you like making and playing with lovely sensory resources so I was wondering if you would like to make some **Bubble Foam**.

It's easy to make and you can get mum or dad or big brothers or sisters to help and then you can all play together to make it you will need

1. Tear free bubble bath
2. Food colouring
3. Water
4. Hand mixer or whisk (you will need mum or dad to help with this bit)



To make:

Mix 2 cups of water to 1 cup of bubble bath

Add a few drops of food colouring

Then whip it with a hand mixer on med-high for 1 minute (until it looks like whipped cream or peaks)

If you want to make **RAINBOW** bubble foam then adjust the quantities

e.g.  $\frac{1}{2}$  cup of water to  $\frac{1}{4}$  cup of bubble bath to each different colour.

This activity is fun but can be messy so mums and dads, you might want to put the foam in a large plastic box or baby bath. The children can use anything in the foam, let their imagination (and yours) run riot and don't forget to send some pictures in to Leanne so we can see how you get on.

**Have fun**