

## Nurture Check In

Hey guys! Another emotion of the day for you.

Boys & Girls, our Emotion of the Day today is **EXCITEMENT** 😊

*Children wake  
up early  
because they  
still get excited  
about life*



**HAPPINESS IS**



- What do you think it feels like to feel **excited**?
- What does your **excited** face look like? (Use a mirror to help!)
- Can you think of something that makes feel **excited**?
- Can you draw me **3** things you are **excited** to do after lockdown?



I'm **excited** to see all of your lovely faces again, and to give you great big hugs!!...

And I'm **excited** for Summer, and some lovely sunny weather..



& I'm **excited** to hear all of your answers! 😊 xxx