Back to school – transitions - primary

What is this?

These activities will help your child understand the changes they might encounter in nursery and school.

For children at nursery and P1

* Talk with your child about being a baby, a toddler and young child. Perhaps use photographs of them and yourself to help recognise the changes they have gone through.
* Use photographs as prompts to start a conversation with your child about starting nursery or school. What can they remember about these events?
* Talk with them about how they and you felt, and about some of the things they enjoyed.

