

# Scottish Attainment Challenge

## Mentoring Development Officers Activities

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| Activity Title:  | Chalk Obstacle Course |
| Age range: | P7+ |
| Area of the Curriculum: | Literacy and art |
| Resources required: | Chalk and a paved area |
| Time / length of the activity: | 1 hour  |
| Number of people required: | 2+ |
| Instructions:Image result for chalk activitiesC:\Users\RankinF\Pictures\OIPJIQHHWJJ.jpg | * First find a clear paved area, this can be a driveway or a pathway.
* Take your chalk and begin to draw your own obstacle course.
* Begin with a box saying “start here”, then get creative.
* Add lines to follow, spaces to hop into, movements to make (like spin 3 times), touch your toes, whistle, make a noise like a cat and make sure you include all the instructions to follow.
* Time each other to see how quickly you can make it to the end.
* Design a chalk course for each other and see who can complete the quickest or go into teams and the first group to finish are the winners.
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| Further learning | Make your course more complicated and add in objects to use such as balance the ball on your toe or jump over a box 3 times.  |

**For hygiene reasons please ensure you wash your hands and any objects you have been touching after you have finished the activity.**