

# Family Literacy – Scottish Attainment Challenge

## Home Learning Activities



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| Activity Title:  | Make your own worry dolls |
| Age range: | P7+ |
| Area of the Curriculum: | Art |
| Resources required: | Craft pegs or ordinary wooden or plastic pegs will do, embroidery thread or fine wool, glue, scissors and pens. |
| Time / length of the activity: | Approximately 30 minutes. |
| Number of people required: | Any number |
| Instructions:C:\Users\RankinF\Pictures\OIP6YHKL2D5.jpg | * Choose three different colours for your worry doll.
* Starting at the top add a little glue then press the end of the first thread to it.
* Wind the thread around the top third of the peg, when there has been enough wound round then add a little glue to the end of the thread and press down to make it stick.
* Repeat this for the next two colours, when you get to the legs you can wrap them individually or not.
* Add a little glue to the top and the bottom of the peg where the thread is at the end of the peg to stop it coming off.
* Finally add a face using a pen.
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| Further learning | Research where worry dolls came from and why they were made. Make a little box out of card to keep your worry dolls in. |

**For hygiene reasons please ensure you wash your hands and any objects you have been touching after you have finished the activity.**