It’s important to remember... Create a journal - secondary

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What is this?

This learning activity will help young people to think about what it means to be responsible citizens during these uncertain times. It is designed to help young people reflect on how they develop respect for others and themselves.

Who is this for?

Parents of secondary school learners. This activity is aimed at young people in S1/S2/S3.

Throughout history, people have recorded their daily activities when times were hard. It helped them to reflect on their lives, what was positive and what they wanted to do when things were better.

Your task is to create a journal which people in the future will be able to access.

Choose a format for your journal. You might wish to write it or you could film it or make a comic strip. You could illustrate your work using photos. Your journal should last for at least one week. You can create as many entries as you like.

Here are some tips to help you write your journal:

* Make it really clear in which country and town/city you live.
* Describe what you did each day.
* Describe any events that took place.
* Reflect on experiences and/or feelings.
* Use words which will engage the reader.