

# Family Literacy – Scottish Attainment Challenge

## Mentor Development Officers Activities

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| Activity Title: | Scavenger Hunt |
| Age range: | S1+ |
| Area of the Curriculum: | Wellbeing and Numeracy |
| Resources required: | Paper, coloured pens/pencils, internet access. |
| Time / length of the activity: | 30 – 40 minutes |
| Number of people required: | 1 + |
| Instructions: | Plan a weekly shop for you and your family will a budget of £100.  Try and keep the shopping list as healthy as possible – focusing on buying things that may cover different meal ideas.  Having internet access may help here as you can research how much things would cost.  Progress this activity – if you have completed your weekly shopping list try planning 7 different dinners and researching some healthier alternative recipes. The chart below might help you. |
| Further learning | Help support at home by planning and taking lead on cooking dinner. This is an excellent Dynamic Youth Award Project – if you want to take part in this award please contact: [Kerry.dari@east-ayrshire.gov.uk](mailto:Kerry.dari@east-ayrshire.gov.uk) |

**For hygiene reasons please ensure you wash your hands and any objects you have been touching after you have finished the activity.**

