

# Family Literacy – Scottish Attainment Challenge

## Mentor Development Officers Activities

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| Activity Title:  | Scavenger Hunt  |
| Age range: | Primary 6 – S3  |
| Area of the Curriculum: | Wellbeing  |
| Resources required: | Paper, coloured pens/pencils |
| Time / length of the activity: | 20 – 30 minutes  |
| Number of people required: | 1 + |
| Instructions: | Draw a heart in the middle of an A4 piece of paper. Split the heart into as many sections as you would like. Fill each section of the heart with different things you love under the following headings:1. Things I Love
2. People I love
3. Activities I love
4. Places I love

Tip: Keep it as colour as you would like – we recommend keeping each heading a different colour. C:\Users\RankinF\Pictures\thW7B8WRYG.jpg |
| Further learning | It can be difficult to focus on the positive things when things seem so uncertain – try keeping a journal noting your thoughts and what keeps you positive.  |

**For hygiene reasons please ensure you wash your hands and any objects you have been touching after you have finished the activity.**