## Curriculum Outdoors

Orienteering

## Resources

- Nine cones with the letter N for north marked on one side and a separate code letter on the top
- A set of six different route cards for each pair (see attached)
- A pencil for each pair to complete their route cards

Lesson sequence adapted from Outdoor Learning Cards Resource

## Assessment

Did you always complete the course by finishing at the start cone? How did you ensure you knew your location at all times? How did you manage to plan your actions in advance?

## Differentiation and Progression

Use only North, South, East and West only.
Mark all sides or the base of each cone with the letters N for North, S for South, E for East and W for West
Introduce the use of a compass with this exercise and leave the cones unmarked. Young people must use the compass to work out the direction to the next cone. Route cards can be used with compass bearings instead of North, South, East etc e.g. $90^{\circ}, 225^{\circ}$

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S-E-S-N E-N W-W
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$$
S E-S-E-N-N W-W
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$$
S-S E-N E-S-N W-N
$$

$$
E-S E-S-W-N W-E
$$

S-NE-SE-SW-NW-E


