

#### Lesson - Score Event

##### CfE Experiences and Outcomes

**First Level** - *I can describe, follow and record routes and journeys using signs, words and angles associated with direction and turning. MTH 1-17a*

*I am developing skills and techniques and improving my level of performance and fitness. HWB 1-22a*

**Second Level** – *Having investigated where, why and how scale is used and expressed, I can apply my understanding to interpret simple models, maps and plans. MTH 2-17d*  
*I practice, consolidate and refine my skills to improve my performance. I am developing and sustaining my levels of fitness. HWB 2-22a*

##### Learning Outcome

To practice thumbing the map

To begin to use handrails

To plan and choose routes

To practice quick decision making

#### Resources

- Maps of the grounds showing control sites and a 'score' for each control
- 10 – 20 controls
- Orienteering punches or crayons
- A control card for each pair

Vary the difficulty of the control sites – some further away, some over more difficult terrain, these have a higher 'score'

*Lesson sequence adapted from The Outdoor Learning Cards Resource and Scottish Orienteering Lesson Resource*

#### Activity

- The group is divided into pairs with everyone setting off on a mass start
- Pairs have two maps and one control card between them. They must stay together.
- Visit as many controls as possible in the time set e.g. 15 minutes
- Make sure pupils mark their control card (either with punch or crayon) to prove they have been there
- Ensure that pupils arrive back at the finish within the time limit
- The controls can be visited in any order but must be marked in the correct box
- Set a fixed planning time at the start e.g. 3 minutes

#### Assessment

What planning did you do before setting off?  
Would you change your planning if you did it again? W  
What would you do differently?  
What were the key navigation skills you needed?  
How could you have done this more quickly?

##### Differentiation and Progression

Reduce the number and difficulty of the control sites  
Exercise can be done individually