

## **Curriculum Outdoors**

# Orienteering



#### **Lesson - Hanging Controls**

### **CfE Experiences and Outcomes**

**First Level** - I can describe, follow and record routes and journeys using signs, words and angles associated with direction and turning. MTH 1-17a I am developing skills and techniques and improving my level of performance and fitness. HWB 1-22a

**Second Level –** Having investigated where, why and how scale is used and expressed, I can apply my understanding to interpret simple models, maps and plans. MTH 2-17d I practice, consolidate and refine my skills to improve my performance. I am developing and sustaining my levels of fitness. HWB 2-22a

#### Learning Outcome

To improve map reading skills

To practice transferring information from the map to the ground

#### **Resources**

- A map of the school grounds/area to be used each
- A control marker/orienteering flag or other marker each

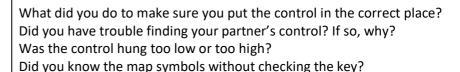
Note: the maps need to be premarked in pairs showing the start and 2 controls

Lesson sequence adapted from The Outdoor Learning Cards Resource

# **Activity**

- Pupils work in pairs, each has a map of the school grounds with the start and 2 controls marked on it e.g. 1A/1B, 2C/2D etc
- Each person hangs their control in the position on the map one to A, one to B
- Each person then navigates to their partner's control, collects it and returns to the start.
- Repeat with different maps.

#### Assessment



## **Differentiation and Progression**

Pupils could work in pairs putting out and collecting controls

Premark control sites to help pupils identify the area

Pupils hang more than one control in different areas before returning

Pupils select their own control sites and mark these on the map

