






Super Tattie



PRIMARY MENU 2022-23

WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lentil soup V	Chunky vegetable soup V	Fresh tomato soup V	Lentil soup V	Chunky vegetable soup V
Steak mince with a pastry top & creamy mashed potato	Creamy chicken pasta Halal	Quorn lasagne & garlic bread V	Indian style chicken biryani Halal	Fish goujons & chips
Roasted vegetable couscous V	Homemade cheese & tomato pizza V	Fresh chicken fillet in a bun with potato wedges Halal	Vegan pasta in a fresh tomato sauce V	Vegetable fingers & savoury rice V
				
Super Tattie's Tasty Tray Cheese toastie V	Super Tattie's Tasty Tray Tuna mayo soft roll	Super Tattie's Tasty Tray Cheese & tomato Panini V	Super Tattie's Tasty Tray Premium pork sausage in a soft finger roll	Super Tattie's Tasty Tray Egg mayo sandwich V
Fresh broccoli & grated carrot	Mixed vegetables & coleslaw	Fresh carrots & mixed peppers	Spicy onions & mixed salad	Peas & beetroot
Selection of Fruit/ yoghurt	Upside down pineapple sponge & custard OR selection of fruit	Selection of fruit/ yoghurt	Chocolate ice cream & fruit OR selection of fruit	Selection of fruit/ yoghurt

Fresh fruit and vegetables will be in accordance with seasonal availability.

All meals are served with 2 vegetable garnishes, a piece of fruit, organic milk or water.

All soups are vegetarian and vegan are made fresh daily. Menu choice can be adapted to suit special dietary requirements, please contact/inform child's school.

Super Tattie's Tasty Tray

Pupils can choose one other item which may include soup/yogurt or another piece of fruit or healthy baking (available 2 days per week).


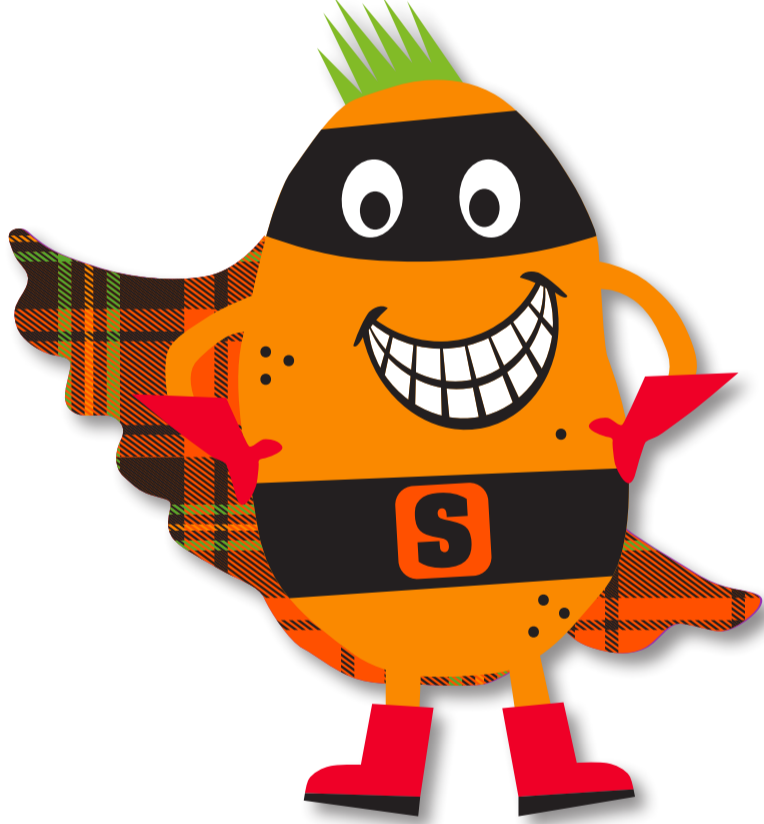



Vegetarian **V** Vegan  Halal 

Super Tattie



PRIMARY MENU 2022-23

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh tomato soup V	Lentil soup V	Chunky vegetable soup V	Fresh tomato soup V	Lentil soup V
Pork sausages with creamy mashed potato	Fish goujons & chips	Steak pie with creamy mashed potato	Chicken meatballs in tomato sauce with pasta	Chicken & pineapple with brown rice Halal
Stir fry vegetable rice V	Baked potato with baked beans V	Vegetable pakora & dip with potato wedges V	Lentil & sweet potato korma with brown rice V	Macaroni in a creamy cheese sauce V
 Super Tattie's Tasty Tray Cheese Pizzini V	 Super Tattie's Tasty Tray Egg mayo soft roll V	 Super Tattie's Tasty Tray French bread pizza V	 Super Tattie's Tasty Tray Gammon sandwich	 Super Tattie's Tasty Tray Tuna mayo soft roll V
Cabbage & sweetcorn	Peas & mixed salad	Cauliflower & grated carrots	Broccoli & beetroot	Fresh carrots & cucumber sticks
Selection of Fruit/ yoghurt	Chocolate & banana sponge & custard OR selection of fruit	Selection of fruit/ yoghurt	Cracker & cheese OR selection of fruit	Selection of fruit/ yoghurt

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chunky vegetable soup V	Lentil soup V	Fresh tomato soup V	Chunky vegetable soup V	Lentil soup V
Beefburger in a bun with potato wedges	Chinese style chicken curry Halal	Sweet & sour pork with brown rice	Fish goujons with chips	Breaded chicken with brown rice and katsu sauce Halal
Salmon nibbles and savoury rice	Vegetarian sausage rolls and beans V	Baked potato with cheese and coleslaw V	Roasted vegetable pasta bake V	Homemade cheese and tomato pizza V
 Super Tattie's Tasty Tray Cheese sandwich V	 Super Tattie's Tasty Tray Gammon soft roll	 Super Tattie's Tasty Tray Breaded chicken grill in a bun Halal	 Super Tattie's Tasty Tray Cheese and bean toastie V	 Super Tattie's Tasty Tray Vegetable fingers with corn nachos and salsa V
Corn on the cob & sliced peppers	Spicy onions & mixed salad	Peas & beetroot	Mixed vegetables & coleslaw	Broccoli & grated carrots
Selection of fruit/ yoghurt	Chocolate & pear sponge & custard OR selection of fruit	Selection of fruit/ yoghurt	Vanilla ice cream and fruit OR selection of fruit	Selection of fruit/ yoghurt

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