

What you need	• A clean waterproof changing mat (do not use if torn or broken). • A clean nappy (disposable or non-disposable). • Warm water and soap or disposable wipes. • The child's own tub or tube of barrier cream. Do not use shared tubs or tubes of barrier cream. • A plastic bag (or nappy sack) for the used nappy. • PPE for staff — a single-use disposable plastic apron and disposable gloves (on both hands). • Waste bin for disposable of disposable nappies or other container, if required, for reusable nappies
How to do it	• Put on PPE as stated above. <u>Disposable nappy</u> • Remove the nappy. • Put the dirty nappy in a plastic bag, tie the bag and put it in a lined bin for used nappies. • The bin must have a lid, and must not be in areas used for preparing or eating food, or where children play. <u>Reusable nappy</u> • Put disposable nappy liner and soiling in the toilet (If you live in a rural area and use a septic tank, put the liner and contents in a plastic bag, tie the bag and put in a lined bin for used nappies). • The bin must have a lid, and must not be in an area where food is prepared or eaten, or where children play). • Do not rinse the nappy before putting it in a bag. • Double bag the nappy and label with the child's name and the date the nappy was bagged. • Put the bag in a sealed container meant for that purpose, where it can be securely left for collection by the child's parent/guardian. <u>Cleaning and re-dressing the child</u> • Gently clean the child's bottom using warm soapy water or disposable wipes (Rinse any soap away). • Dry the skin gently but thoroughly. • Check for nappy rash — if the child has a rash, tell their parent/carer at the end of the day. • Dispose of gloves and put on a clean pair. • Apply the baby's own barrier cream, remove and dispose of gloves. • Put on a clean nappy. • Dress the child. • Encourage the child to wash and dry their hands. • Take the child back to the play area. • Clean the baby-changing mat with antibacterial solution and water (if body fluids present wear PPE). • Wash and dry your hands.

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