

What you need	<ul style="list-style-type: none"> <li>• A clean waterproof changing mat (do not use if torn or broken).</li> <li>• A clean nappy (disposable or non-disposable).</li> <li>• Warm water and soap or disposable wipes.</li> <li>• The child's own tub or tube of barrier cream. Do not use shared tubs or tubes of barrier cream.</li> <li>• A plastic bag (or nappy sack) for the used nappy.</li> <li>• PPE for staff — a single-use disposable plastic apron and disposable gloves (on both hands).</li> <li>• Waste bin for disposal of disposable nappies or other container, if required, for reusable nappies</li> </ul>
How to do it	<ul style="list-style-type: none"> <li>• Put on PPE as stated above.</li> </ul> <p><u>Disposable nappy</u></p> <ul style="list-style-type: none"> <li>• Remove the nappy.</li> <li>• Put the dirty nappy in a plastic bag, tie the bag and put it in a lined bin for used nappies.</li> <li>• The bin must have a lid, and must not be in areas used for preparing or eating food, or where children play.</li> </ul> <p><u>Reusable nappy</u></p> <ul style="list-style-type: none"> <li>• Put disposable nappy liner and soiling in the toilet (If you live in a rural area and use a septic tank, put the liner and contents in a plastic bag, tie the bag and put in a lined bin for used nappies).</li> <li>• The bin must have a lid, and must not be in an area where food is prepared or eaten, or where children play).             <ul style="list-style-type: none"> <li>• Do not rinse the nappy before putting it in a bag.</li> </ul> </li> <li>• Double bag the nappy and label with the child's name and the date the nappy was bagged.</li> <li>• Put the bag in a sealed container meant for that purpose, where it can be securely left for collection by the child's parent/guardian.</li> </ul> <p><u>Cleaning and re-dressing the child</u></p> <ul style="list-style-type: none"> <li>• Gently clean the child's bottom using warm soapy water or disposable wipes (Rinse any soap away).</li> <li>• Dry the skin gently but thoroughly.</li> <li>• Check for nappy rash — if the child has a rash, tell their parent/carer at the end of the day.</li> <li>• Dispose of gloves and put on a clean pair.</li> <li>• Apply the baby's own barrier cream, remove and dispose of gloves.</li> <li>• Put on a clean nappy.</li> <li>• Dress the child.</li> <li>• Encourage the child to wash and dry their hands.</li> <li>• Take the child back to the play area.</li> <li>• Clean the baby-changing mat with antibacterial solution and water (if body fluids present wear PPE).</li> <li>• Wash and dry your hands.</li> </ul>

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