**Primary Menu 2021/22 – Week 3**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday**  *Meat Free Day* | **Friday** |
| Lentil Soup | Mushroom Soup (V) | Scotch Broth | Butternut Squash & Chilli Soup (V) | Potato Soup (V) |
| Classic Spaghetti Bolognaise | Chinese Chicken Curry & Brown Rice | Beefburger with Crisp Lettuce  & Tomato in a Bun  with Potato Wedges | Classic Fish & Chips | Macaroni in a Creamy Cheese Sauce (V) |
| Baked Potato with Tuna  & Sweetcorn | Vegetarian Sausage Roll  & Beans (V) | Vegetable Chow Mein (V) | Vegetable Lasagne (V) | Crunchy Salmon Fingers with Rice & Cajun Sauce |
| Salad Selection  Fresh Sliced Carrots & Broccoli | Salad Selection  Mixed Veg & Carrots | Salad Selection  Corn on the Cob/Coleslaw | Salad Selection  Peas/Cucumber Sticks | Salad Selection  Broccoli/Beetroot |
| Pick & Mix  with  Cheese Panini (V) | Pick & Mix  with  Tuna Mayo Malted Wheat Baguette | Pick & Mix  with  Cheese Sandwich (V) | Pick & Mix  with  Baked Beans on Toast (V) | Pick & Mix  with  Gammon Sandwich |
| Fruit/Yoghurt | Fruit/Yoghurt  Ice Cream Tub | Fruit/Yoghurt | Fruit/Yoghurt  Jelly Pot | Fruit/Yoghurt |

All soups are made fresh daily. Fresh vegetables will be in accordance with seasonal availability.

In accordance with new Government guidelines all meals are served with 2 vegetable garnishes and a piece of fruit

Pick & Mix includes 2 vegetable garnishes and a piece of fruit. Pupils can choose one other item from soup/yoghurt/another piece of fruit

If you have any allergens or dietary requirements you must speak to your school Catering Manager

Vegetarian (V)