



Global Goal and Right of the Fortnight



February 2026

Our focus theme: Safer Internet Day and Children's Mental Health Week



Our Global Goal number 3 is all about ensuring good health and wellbeing. Through our assemblies in February, we are discussing what this means with this fortnights focus themes. Health and Wellbeing covers aspects of wellbeing including physical, social and mental health. We are exploring the importance of mental health and what we can do to promote and look after our mental health.

To watch a short video about Global Goal 3, please visit:

<https://www.youtube.com/watch?v=ARmBCL4nid0>



Safer Internet Day



Safer Internet Day takes place on 10th February every year. We have looked at this year's theme of 'Exploring the safe and responsible use of AI' at our assembly. Articles 13, 16 and 17 are linked to finding out information in a safe way and the right to keep something private. We teach children through our digital lessons about using the internet in a way to keep themselves safe.

Mental Health Week



Children's Mental Health Week takes place from 9th – 15th February. Article 24 states the right to good quality health care, which includes mental health care. We will also be exploring this year's theme of 'This is my Place' which is based around belonging and how we can feel a sense of belonging and help others feel like they belong.

Please also check out our Blog to find out more about all our Global Goals and Rights Respecting work:

<https://blogs.glowscotland.org.uk/ea/dalmellingtonpsecmain2017/rights-respecting-schools/>

