






Please choose a **selection** of activities during the week. Please note that you do not need to complete ALL tasks.

 HWB 			
<p style="text-align: center;"><u>Online</u></p> <p>Games and Activities will still be available on Education City and Giglets. Or update your e-portfolio.</p>	<p style="text-align: center;"><u>Mindful Monsters</u> or <u>Mindful Activities</u></p> <p>Choose any of the Activity Cards to try out. (see the Blog link)</p>	<p style="text-align: center;"><u>P.E</u></p> <p>Take part in Joe Wicks morning workouts.</p>	<p style="text-align: center;"><u>Virtual Sports Day</u> Friday 22nd May</p> <p>Join the Fenwick Staff and take part in 1 or more of the suggested activities. (see power point cards and demo video) Wear your house colour and take a video/photos of you participating.</p>
<p style="text-align: center;"><u>Sumdog</u> </p> <p>We have entered the <u>East Ayrshire Sumdog Challenge</u>. Log in to play and help Fenwick Primary win the top spot.</p>	<p style="text-align: center;"><u>RRSA/Global Goals</u></p> <p>Ask a Parent to help you with The LORAX Health and Well-being activities. (See Blog link)</p>	<p style="text-align: center;"><u>Outdoor Learning</u></p> <p>Go outdoors and try some of these challenges:</p> <ol style="list-style-type: none"> 1. Garden Birds I-dial 2. Bird Seed Feeder 3. Woodlands Olympics 	<p style="text-align: center;"><u>Sports Day Planning</u></p> <p>Make a number to pin on your t shirt.</p>
<p style="text-align: center;"><u>Wellbeing Craft Jar</u></p> <p>Create a jar of activities that you are looking forward to doing. (See the Blog link)</p>	<p style="text-align: center;"><u>Food and Health</u></p> <p>*Create a healthy snack to eat at your Sports Day event. Challenge: research the kinds of foods athletes eat to give them energy. Watch the BBC Bitesize clip on the Blog link.</p>	<p style="text-align: center;"><u>Wellbeing diary</u></p> <p>It is important to think about how we are all feeling during these strange and different times. Choose as many days as you would like to complete from the wellbeing diary below.</p>	<p>Create a timetable of events for the day (use the activity cards to help you)</p> <p>Create a poster advertising your sports day and persuade some family members to join in.</p>
<p style="text-align: center;"><u>P5 Activity</u></p> <p>Complete the 'Selfie' activity and either post it on your blog or email it to me as a Health and Wellbeing check in 😊</p>	<p style="text-align: center;"><u>P5 Activity</u> <i>Train Like a Footballer</i></p> <p>Click on the blog link to master movements to help you train like a Premier League footballer with Manchester United's Marcus Rashford.</p>	<p style="text-align: center;"><u>PATHS</u></p> <p>Read a story/ book and complete the Story Feeling Cards attached below.</p>	<p>Gather equipment for your sports day and set up your activities ready to take part.</p> <p>Design medals for the winners of your events.</p>

Week Beginning 18.5.20 Home Learning Tasks

Health Week



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