



# December top tip

**The best gifts at Christmas don't  
come from a store.**

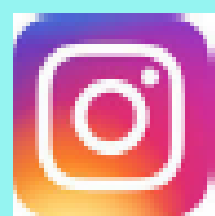
**Spend time with your children and get down on the floor.**



**Check out our social media:**



@weepeoplechat



@AyrshireSLT



East Ayrshire Speech  
and Language Therapy



**Helpline & Virtual Drop In**

Helpline: Phone-07980919654  
Mon.9:30am- 11:30am  
Thur- 2pm-4pm

Virtual- Phone/Text- 07812519298 to  
book an appointment for:  
Tue-3pm-6pm  
Fri. 9:30am-12:30pm

