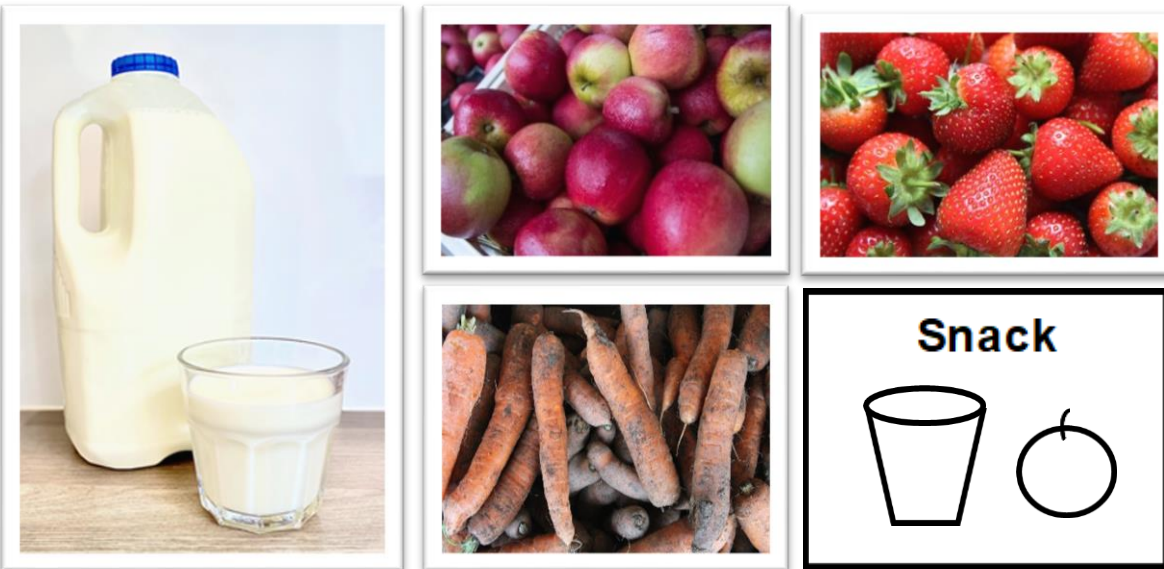


Scottish Milk and Healthy Snack Scheme

You will get milk or a non-dairy drink and a healthy snack.



I have the right to healthy food (UNCRC - Article 24 & 27) (HWB 0-32a)

Why should we drink milk or non-dairy drinks and eat fruit and vegetables?



To build strong bones and help your body grow.

(HWB 0-30a, 0-30b) (HWB 0-32a)

Where do milk and non-dairy drinks come from?



cow

goat

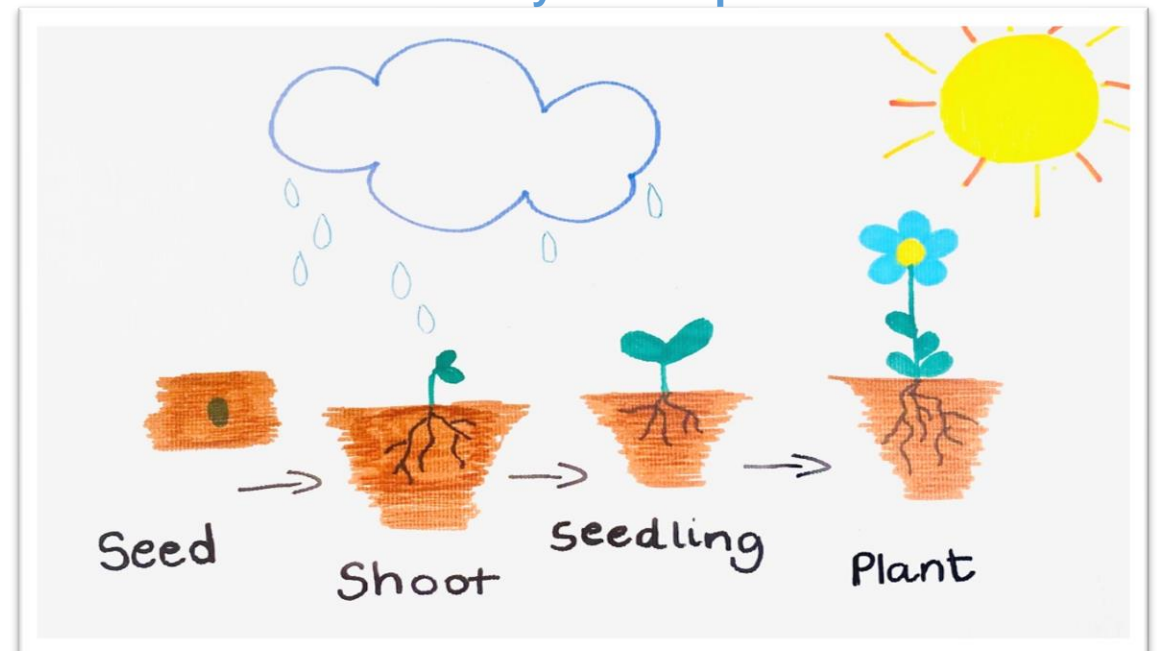


sheep

plants and nuts (HWB 0-50a)

Where do fruit and vegetables come from?

The life cycle of a plant



(HWB 0-50a)