

Health Protection Team  
Public Health Department  
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KA6 6AB



### **Medical In Confidence**

Parents / Guardians of children  
Catrine ECC

Date 24<sup>th</sup> March 2022  
Enquiries to Health Protection Team  
Direct line 01292 513351, option 4  
Email Covid\_19\_Test&ProtectEducation@  
aapct.scot.nhs.uk

Dear Parent / Guardian

### **Outbreak of Coronavirus (COVID-19) infection**

There has been a number of cases of COVID-19 identified within your child's cohort. To prevent further cases within the Early Childhood Centre (ECC) and community, **we recommend that the whole cohort uses Lateral Flow Device (LFD) tests for 7 consecutive days from the date of this letter.**

#### **What should I do now?**

To help reduce further spread of COVID-19 in the ECC/Nursery, **we recommend** that you support your child to take **Lateral Flow Device (LFD) tests for 7 consecutive days in the morning, before leaving their home.** This is not mandatory, but can help to provide some reassurance.

LFD tests can be collected from your local pharmacy, COVID-19 test centres or by ordering online at: [www.gov.scot/publications/coronavirus-covid-19-getting-tested/pages/no-covid-symptoms](http://www.gov.scot/publications/coronavirus-covid-19-getting-tested/pages/no-covid-symptoms).

**Please record your LFD results**, whether negative, positive or void on the online portal at: [www.covidtest.scot](http://www.covidtest.scot) OR by phoning 119.

**We also recommend that other household members continue to complete regular LFD testing as advised by Scottish Government.**

#### **What if my child tests positive?**

If your child tests positive, they will need to self-isolate. Test and Protect will be in touch to provide full details around self-isolation guidance, this will be either a text message or a phone call. Isolation for household members depends on their age and vaccination status and this is outlined in **Appendix 1** below.

#### **What if my child has symptoms of COVID-19?**

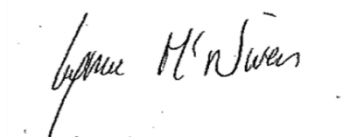
**Please do not use LFD tests if your child is feeling unwell or showing symptoms of COVID-19.**

If your child has a fever, cough or loss of taste or smell, or are showing milder symptoms such as a sore throat, headache, upset stomach or cold like symptoms, they should stay off ECC and book a PCR test.

To book a PCR test visit [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) or <https://www.nhsinform.scot/test-and-protect> or by calling 0800 028 2816.

Please do read the additional information in **Appendix 1**, we think it is useful information.

Yours sincerely,



**Lynne McNiven**  
Director of Public Health

#### **Appendix 1.**

**If your child has a positive Covid test result then isolation advice for household contacts is as follows;**

**Fully vaccinated adult contacts over 18 and 4 months** – If you are fully vaccinated (3 doses with more than 14 days since last dose), then you can take a daily LFD test instead of self-isolating. Daily LFDs should be taken for 7 days in a row after notification as a contact or for the 10 days of your child's isolation period.

**Household members under the age of 18 and 4 months** – Can take a daily LFD test instead of self-isolating. Daily LFDs should be taken for 7 days in a row after notification as a contact or for the 10 days of their contact's isolation period.

Household members aged **under 5 years** are advised to take a LFD test, but do not need to continue these for 7 days. If they do not have any symptoms, they do not need to isolate.

If any household members over the age of 18 years and 4 months are **not fully vaccinated** (3 doses, or less than 14 days since last dose) then they must self-isolate for 10 days and book a PCR test. Even if the PCR is negative, they must continue to self-isolate.

If any lateral flows are positive, the household member should self-isolate and record their result on the online portal at: [www.covidtest.scot](http://www.covidtest.scot) OR by phoning 119. From the 6th January, you no longer need a confirmatory PCR following a positive LFD, Test and Protect will act based on the positive LFD result and your child will be considered to be a confirmed positive.

***If a LFD test is positive but a PCR has also been taken and the result is negative, we will still act on the positive LFD due to current high levels of cases in the community.***

Should anyone in your household become unwell and develop symptoms of COVID-19, they should book a PCR test.