**Catrine Early Childhood Centre**

Home Learning Timetable Ideas - Monday 23rd March 2020

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| Before 9am  | Wake up  | C:\Users\SPEIRSA3\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\C6E13A55.tmp | Have breakfast, Get dressedBrush teeth , Make your bed |
| 9 – 10am  | Exercise time  | Image result for child walking | Walk dog (if you have one) If not a morning walk just the sameIf indoor exercising see our list of exercise ideas on GLOW  |
| 10 – 11am  | AM DAILY TASK NUMERACY  | Image result for numbers | Numeracy challenge created today by Michelle @ Catrine ECCMystery challenge will be posted at 10am ☺  |
| 11 – 12pm  | Creative time  | Image result for childrens creativitiy toys - loose parts | Lego, drawing, colouring, craft, singing, music, cooking/baking etc |
| 12 – 1pm  | Lunch and rest time  |
| 1pm – 2pm  | Fresh air  | Image result for children playing in back garden in puddles | Outdoor play (remember to be mindful of social distancing – if you have a back garden this would be highly advised)  |
| 2 – 3pm  | PM DAILY TASK EXPRESSIVE ARTS | Image result for child dressed up clipart | Expressive Arts challenge created by Carrie @ Catrine An exciting activity will be posted at 2pm – tune in ☺  |
| 3 – 4pm  | Online learning | Image result for internet parents safety for kids | Supervised electronics Educational games and APPS (see full list on our GLOW BLOG) Suggested link for today is – <https://www.bbc.co.uk/cbeebies/topics>  |
| 4 – 5pm  | Reflection time and free choice until dinner  | Image result for child drawing | On a pad/jotter ask you child what they enjoyed doing today. Encourage them to draw a picture and you scribe their comment. This will make for a positive learning record over the coming months.  |

Please remember this is just a guide to give ideas and help promote routine and structure to you and your child’s day. If you have older children also with home learning packs we understand that times will need to suit the whole family.