## CASH CAFÉ WEEK ONE Wednesday is meat free day

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Farmhouse lentil soup | Seasonal vegetable <br> soup (V) | Potato and leek soup <br> $(\mathbf{V})$ | Chicken and rice soup | Tomato soup (V) |
| Creamy macaroni (V) <br> cheese \& garlic bread | Spaghetti meatballs with <br> tomato sauce | Classic breaded fish <br> and chips | Roast beef and <br> Yorkshire pudding with <br> baby potatoes | Chicken curry <br> with brown rice |
| Links \& gravy with <br> mashed potato | Veggie pizza (V) | Sunshine pasts pot <br> (Quorn) (V) | Baked potato and <br> coleslaw (V) | Tuna pasta salad bowl |
| Mixed Salad <br> Turnip | Mixed Salad <br> Mixed Veg | Coleslaw <br> Peas, Beetroot | Mixed Salad <br> Broccoli \& Cauliflower | Mixed Salad <br> Sweetcorn |
| Pick and mix with <br> gammon sandwich | Pick and mix with <br> cheese sandwich (V) | Pick and mix with <br> egg sandwich (V) | Pick and mix with tuna <br> sandwich | Pick and mix with <br> sausage sizzler |
| Chocolate cake with <br> a difference | Fruit crumble with <br> custard | Fruity Wednesday | Strawberry/seasonal <br> fruit tart | Rice pudding/ice cream <br> and fruit |

## CASH CAFÉ WEEK TWO Tuesday is meat free day

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Carrot and potato soup <br> (V) | Seasonal vegetable <br> soup (V) | Carrot and coriander <br> soup (V) | Farmhouse lentil soup | Leek and potato soup <br> (V) |
| Traditional mince <br> with creamy mashed <br> potato | Classic breaded fish <br> and chips | Bolognaise pasta | Beef burger in a bun <br> with wedges | Chicken curry <br> with brown rice |
| Sweet and sour <br> chicken with brown <br> rice | Creamy macaroni <br> cheese with garlic <br> bread (V) | Salmon fish fingers <br> with baby potatoes | Haggis, neeps and <br> tatties | Baked potato <br> with tuna |
| Mixed Salad <br> Carrots | Beetroot <br> Peas | Mixed Salad <br> Mixed Veg | Mixed Salad | turnip |

## CASH CAFÉ WEEK THREE Thursday is meat free day

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Minestrone soup | Chicken noodle soup | Tomato and lentil soup (V) | Cream of broccoli and cauliflower soup (V) | Cream of mushroom soup |
| Special burger and bun with wedges | Steak pie with mashed potato | Chicken strips with savoury rice | Classic breaded fish and chips | Butchers choice pork links with mashed potato |
| Baked potato and beans (V) | Chicken Korma with brown rice | Homemade cheese and tomato pizza (V) | Creamy pasta gratin (Quorn) (V) | Shepherds pie |
| Mixed Salad Beetroot | Mixed Salad Mixed Veg | Mixed Salad Sweetcorn | Mixed Salad Peas | Broccoli \& Cauliflower Mixed Salad |
| Pick and mix with tuna sandwich | Pick and mix with cheese sandwich (V) | Pick and mix with gammon sandwich | Pick and mix with egg sandwich (V) | Pick and mix with savoury cheese wrap (V) |
| Eve's pudding with custard | Caramel tartlets with custard | Fruity Wednesday | Chocolate fudge cake with pouring cream | Ice cream/rice with fruit |

Pick and mix sandwich option - Choose 2 further items from: soup, fruit, yoghurt, healthy biscuit, sweet of the day, biscuits with cheese
Please note - Specials will be advertised by your School Catering Service. (V) Vegetarian

