Feel Good Fridays

Hello everyone, how are you all today? I hope all is well. Today let’s go out a walk or even your backdoor and see if you can find some big rocks/stones.

Once you’ve collected your rocks *you will need*;

* Bin bags/old sheet/paper
* Paint/pens/crayons

*Let’s Get Busy!*

Cover your table with bin bags or whatever you have lying around and place your rocks/stones on the top of these! Next grab your paints/pens/crayons! What we are going to do next is *decorate* them, with what *makes you happy/makes someone smile*, this can be from rainbows and flowers, to just making them brightly coloured. Once these are finished, write your name on the back of them with *FB:Cherrytrees ECC.*

*Now Lets’ Go Hide Them!*

**Wrap up nice and warm and go a lovely walk, *remember* your rocks! What we are going to do is, hide them, either next to a tree, a sign, near a path!

I have done examples (see pictures) and have hide these myself with the help of my little helpers. These can be found *behind the nursery on the woodland path* near the water and also *around the park, up the woodroad*. Why don’t you see if you can find them too and others that may have been done and hidden! How exciting!

If you find them or others, take a picture and upload them to the *Cherrytrees ECC Facebook page* or if you don’t have Facebook *email us them*. Take pictures of the ones you have hidden, so we can have clues where they are! *(Pictures are up where we have hid them)*

Let’s start a *positive* trend and make someone’s day! Making our day a little bit special, finding a beautiful picture of lovely bright colours done by you!

I can’t wait to see them, I will be out looking for yours as well.

Hope you all have as much fun, as I did and so did my little helpers.

Can You Find Them?