

Loanhead Primary School
P7 Residential Information Sheet to Ford Castle
March 11th – Fri 15th March 2024

Date of trip :

Monday 11th March 2024 – Friday 15th March 2024

Departure Time: Lunch time Monday 11th March 2024. Meet in gym hall to depart.

Arrival Home Time on Friday 15th March will be: Approximately 4.30 pm.

NO ELECTRONICS – No mobiles, tablets, or smart devices, including watches that are capable of communication. The schedule is very full and there is no time to spend on devices and there is no insurance for the damage or loss of such items.

Ford Castle Allocated Activities:

Zip Wire	Quiz Show	Orienteering
Survivor (SU2)	Vertical Challenge	Sensory Trail
Ballsports	Aeroball	Abseiling
Challenge Course	Jacob's Ladder	Trapeze
Fencing	Disco	PGL- Tournament

There will be 18 activities delivered over the four days from the Monday to Friday (please note – Ford Castle have said that activities can be subject to change).

Shop: There is a shop which has souvenirs and sweets (no fizzy juice). It is optional to bring money however if you choose to bring money the spending limit is £15 over the week. Money is not collected from pupils, and it is their responsibility to keep any cash they bring with them. **Please note** that children will be responsible for any money they bring as staff cannot be responsible for any money brought.

Sleeping arrangements: We are located in the courtyard which is attached to the castle. This means that we are in a space that is allocated solely to Loanhead Primary in the evenings and overnight. The courtyard also has a space to play in which is only used by the children in our group.

Children need to bring a pillow and a duvet/sleeping bag. Bedding is not provided.

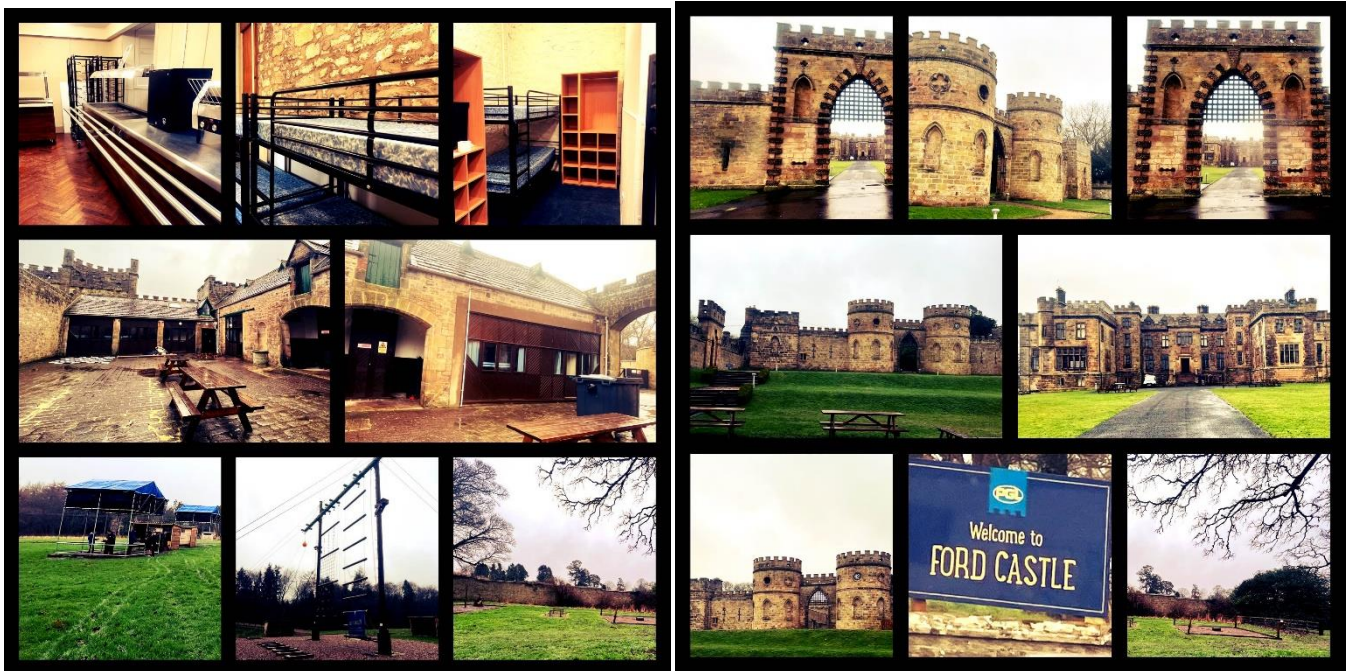
Parent Guide Link: This is the direct link to the PGL site for further information.

[About \(pgl.co.uk\)](http://pgl.co.uk)

Medicines: A form which can be provided by the school office will need to be completed for **all** medicines that are to be taken on the trip (including travel sickness tablets). As we are following procedures, all medicines are required to be accompanied with a pharmacy label with your child's name and the required dosage.

Dietary requirements: These need to be provided in advance.

A FORM will be issued to collate all required medical, dietary, and relevant permissions before the start of March. This will ask for all emergency contacts and any essential information required by the school.



Any further questions do not hesitate to contact Ms. McCulloch in school.

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets**
 - T-shirts
 - Long sleeved shirt/T-shirts
 - Waterproof jacket
 - Fleeces/jumpers
 - Trousers or leggings**
but not jeans as they get heavy and cold when wet
 - Underwear & socks**
 - 1 or 2 sets of clothes for the evening
 - Suitable nightwear
- Your arms will need to be covered to do some activities.*
- Your socks will need to cover your ankles to do some activities.*

FOOTWEAR

- 2 pairs of trainers
 - 1 for activities
 - 1 old pair for watersports
- 1 pair of dry shoes for evening activities

OTHER ITEMS

- 2 towels
 - 1 for showering
 - 1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Sleeping bag or duvet and pillow (unless otherwise advised)
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Hair ties for long hair

TRAVELLING IN THE...

<h3>...SUMMER?</h3> <ul style="list-style-type: none"> <input type="checkbox"/> Shorts <input type="checkbox"/> Baseball cap/sun hat <input type="checkbox"/> Sunscreen 	<h3>...WINTER?</h3> <ul style="list-style-type: none"> <input type="checkbox"/> Warm coat <input type="checkbox"/> Hat and gloves
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Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

PLEASE DO NOT BRING

- Electrical devices
- Computer games
- Food items that contain nuts
- Jewellery/valuables
- Aerosols

If you bring your mobile phone, please note, it is not covered by our insurance.



GIFT SHOP PRICE LIST

TOYS

- Teddy Bear.....£5.00
- Football.....£6.00
- Basketball.....£6.00
- Bouncy Ball.....£1.00
- Dangly Bear.....£3.00



GIFTS

Treat someone you love...

- Magnets.....£1.50
- Mugs.....£4.50
- Keyrings.....£2.50
- Postcards.....£0.50

ACCESSORIES

- Water Bottle.....£5.00
- Medal.....£3.00
- LED Torch.....£3.00
- Badges.....£1.00
- Wristbands.....£1.00
- Coaster.....£2.00



CLOTHES

- Caps.....£5.00
- T-shirts.....£7.00

STATIONERY

- Rubbers.....from 40p
- Pencils.....from 80p
- Eco Pen.....£1.00
- Eco Notebook.....£3.00

