



Galston Primary Period Ambassadors- Stay Period Protected

We are proud to support "Stay Period Protected" in our school. Read on to find out what this means.

What is Stay Period Protected?

Everyone who is a part of our school community – pupils, parents, carers & staff will now be able to access free and unlimited sanitary products.



What Stay Period Protected products are available?

- Sanitary towels and liners in different sizes

Where do I get the products I need when I'm in school?

You will find sanitary towels in baskets in the upper school female toilets, in all staff toilets and in the Eco Wardrobe. There are also weekend and fortnight sanitary packs as well as brand new underpants in the plastic drawers in the Eco Wardrobe and in the staff toilet at the Upper school.

How do I get the products I need for using at home?

You can take products from any of the baskets or drawers at any time. There are paper bags for you to put them in so that you can carry them to your class and put them in your bag.

Remember that the products are for parents and carers to use as well so you can take some for them if you need to. Parents and carers can also order products online for using at home.

Do I need to ask someone before I use the Stay Period Protected products?

The simple answer isno!

Having your period is a normal part of life but we understand that some people prefer to keep it private. The adults in school will always be happy to answer questions that you have or to help you if you need it. We hope you feel comfortable enough to talk to someone but you don't need to ask permission or tell anyone unless you want to.

So, remember.....

1. The sanitary products are for anyone who needs them.
2. You can use whatever you need, no questions asked.
3. You can take as many products as you need to use at home

UNCRC Article 24

Children have the right to the best health care possible, clean water to drink, healthy food and clean and safe environment to live in. All adults and children should have information about how to stay safe and healthy.

