

Galston Primary School

The following suggestions for additional practice at home will take the place of formal homework for the next month as a trial. You can choose activities you think will be of most benefit to your child.

We will, of course, continue to teach all of these concepts and more in school. Your child's teacher may give targeted homework from time to time which will take the place of these activities.

We would recommend around 15 - 20 minutes each day for a child at this level.

Literacy	Numeracy	Health and Wellbeing
<p>Read as much as you possibly can (to and with your child). Try to access as many different genres as possible - fiction, non-fiction, comics, newspapers, etc.</p> <p>Reading should be an enjoyment not a chore.</p> <p>Your child may bring a reading book or novel home. Please discuss it with him/her. To extend your child's thinking, explore the themes of the story - loss, love, conflict, etc.</p> <p>Recognise words in signs and packaging - reading should be part of every-day life. Learn to read and spell the first 300 common words. List of words attached. Take your child's lead with this and only do a few words at a time.</p> <p>Learn to rhyme and to find patterns (syllables in words) - this really helps with spelling.</p> <p>Practise cursive writing. The correct pencil grip is very important.</p> <p>Know and be able to correctly write your address and date of birth.</p>	<p>Instant recall of number bonds up to 20. Information attached.</p> <p>Learn all multiplication tables. This can only be done by rote - there are no shortcuts.</p> <p>Learn to tell the time to one minute.</p> <p>Use analogue and digital displays.</p> <p>Learn to use money and give change up to £100. Have as much practice with real money as possible.</p> <p>Know the days of the week and months of the year.</p> <p>Practise using a calculator, protractor, compass (these will be sent home if necessary)</p>	<p>Try to be active for at least 20 mins each day, preferably outside.</p> <p>Try to eat your five a day. Try different foods - you never know, you might like them.</p> <p>Play games with your family - board games/cards/timed games.</p> <p>Challenge yourself with something you find difficult.</p>
		<p>ICT</p> <p>Try to learn to type. BBC Dancemat is a good programme.</p> <p>Keep your e-portfolio up to date.</p> <p>Create a Blog.</p> <p>Explore Powerpoint, Publisher and Excel.</p>
	<p>Lifeskills</p>	<p>Arts and Crafts</p> <p>Learn to fold paper and card accurately.</p> <p>Cut out neatly.</p> <p>Sew on a button.</p>
	<p>Learn to use cutlery and be able to make at least a sandwich.</p> <p>Tidy your own room, putting things away where they go.</p> <p>Learn to tie a tie.</p> <p>Be able to make your bed, including removing and replacing the quilt cover.</p> <p>Help with at least one household chore.</p>	<p><u>Useful Computer Progs</u></p> <p>Education City</p> <p>Top Marks Maths</p> <p>Teach Your Monster to Read</p> <p>BBC Bitesize</p>