

Galston Primary School

The following suggestions for additional practice at home will take the place of formal homework for this term as a trial. You can choose activities you think will be of most benefit to your child. We will, of course, continue to teach all of these concepts and more in school. Your child's teacher may give targeted homework from time to time which will take the place of these activities. We would recommend around 15 minutes each day for a child at this level.

Literacy	Numeracy	Health and Wellbeing
<p>Read as much as you possibly can (to and with your child). Try to access as many different genres as possible - fiction, non-fiction, comics, newspapers, etc.</p> <p>Reading should be an enjoyment not a chore.</p> <p>Your child's current reading book or a novel may be sent home. Please familiarise yourself with it and discuss it.</p>	<p>Learn all of the number bonds up to 20.</p> <p>Learn fact families.</p> <p>Information attached.</p>	<p>Try to be active for at least 20 mins each day, preferably outside.</p>
	<p>Learn multiplication tables.</p> <p>2x, 4x, 8x; 5x, 10x; 3x, 6x, 12x; 7x, 9x, 11x.</p>	<p>Brush your teeth at least twice a day.</p>
	<p>Learn to tell the time.</p> <p>Use analogue and digital displays. O'clock, half past and quarter to/past, five minute intervals past.</p>	<p>Try to eat your five a day. Try different foods - you never know, you might like them.</p>
<p>Learn to read and spell the first 100 common words. List of words attached. Take your child's lead with this and only do a few words at a time.</p>	<p>Learn left and right.</p> <p>Learn the compass points - North, South, East, West.</p> <p>Understand what a right angle is.</p> <p>Describe a short journey using compass directions and 90° turns.</p>	<p>Play games with your family - board games/cards/timed games.</p>
		<p>Challenge yourself with something you find difficult.</p>
<p>Recognise words in signs and packaging - reading should be part of every-day life.</p>	<p>Know the days of the week and months of the year.</p> <p>Know your name, address and birthday.</p> <p>Use a ruler.</p>	<p>ICT</p>
		<p>Learn to use a mouse.</p> <p>Try to learn to type.</p> <p>BBC Dancemat is a good programme.</p>
<p>Learn to rhyme and to find patterns (syllables in words) - this really helps with spelling.</p>	<p>Lifeskills</p>	<p>Arts and Crafts</p>
	<p>Tie your own laces and school tie.</p>	<p>Learn to use scissors.</p> <p>Colour within the lines.</p>
<p>Practise forming numbers and letters correctly.</p> <p>The correct pencil grip is very important.</p>	<p>Learn to use cutlery and be able to make your own sandwich.</p>	<p>Useful Computer Progs</p> <p>Education City</p> <p>Top Marks Maths</p> <p>Teach Your Monster to Read</p> <p>BBC Bitesize</p>
		<p>Tidy your own room, putting things away where they go.</p>