

## Galston Primary School

The following suggestions for additional practice at home will take the place of formal homework for this term as a trial. You can choose activities you think will be of most benefit to your child.

We will, of course, continue to teach all of these concepts and more in school. Your child's teacher may give targeted homework from time to time which will take the place of these activities.

We would recommend around 15 minutes each day for a child at this level.

Literacy	Numeracy	Health and Wellbeing
<p>Read as much as you possibly can (to and with your child). Try to access as many different genres as possible - fiction, non-fiction, comics, newspapers, etc.</p> <p><b>Reading should be an enjoyment not a chore.</b></p> <p>Your child's current reading book will be sent home. Please familiarise yourself with it and discuss it. There is no need to read it over and over when your child can recognise the words.</p>	<p>Learn all of the number bonds up to 10. Learn fact families. Information attached.</p>	<p>Try to be active for at least 20 mins each day, preferably outside.</p>
	<p>Learn multiplication tables. 2x, 5x and 10x</p>	<p>Try to eat your five a day. Brush your teeth at least twice a day.</p>
	<p>Learn to tell the time. Use analogue and digital displays. O'clock, half past and quarter to/past.</p>	<p>Try different foods - you never know, you might like them.</p>
	<p>Learn to use money and give change. Up to 10p then 50p then £1.00, £5.00. Have as much practice with real money as possible.</p>	<p>Play games with your family - board games/cards/timed games. Challenge yourself with something you find difficult.</p>
<p>Learn to read and spell the first 100 common words. List of words attached. Take your child's lead with this and only do a few words at a time.</p>	<p>Know the days of the week and months of the year. Know your name, address and birthday.</p>	<p><b>ICT</b> Learn to use a mouse. Try to learn to type. BBC Dancemate is a good programme.</p>
<p>Learn to rhyme and to find patterns (syllables in words) - this really helps with spelling.</p>	<p><b>Lifeskills</b> Learn to dress and undress yourself, including putting shoes on the right feet and tying laces. Learn to tie a tie.</p>	<p><b>Arts and Crafts</b> Learn to use scissors. Colour within the lines. Use a ruler.</p>
<p>Recognise words in signs and packaging - reading should be part of every-day life.</p>	<p>Learn to use cutlery and be able to make your own sandwich.</p>	<p><b>Useful Computer Progs</b> Education City Top Marks Maths</p>
<p>Practise forming numbers and letters correctly. The correct pencil grip is very important.</p>	<p>Tidy your own room, putting things away where they go.</p>	<p>Teach Your Monster to Read BBC Bitesize</p>

