

Scottish Teacher's Dirty Weekend

Hosted by East Ayrshire Council's Learning Outdoors Support Team **and**
 The Field Studies Council, **Millport**
supported by *National Network for Outdoor Learning*
1/2 March 2019

Programme

Friday 1st March

5pm	Registration begins. Marketplace available and bar opens
5.30 – 6.15	Dinner 1
6.30 – 7.15	Dinner 2
8.00	MudX Talks
9.00	Pub Quiz

Saturday 2nd March

7.15 – 8.00	Breakfast 1
8.15 – 8.50	Breakfast 2
9.00 – 9.45	Keynote Speaker
10.00 – 12.00	Workshop 1
12.00 – 12.45	Lunch
12.45 – 14.45	Workshop 2
15.00 – 17.00	Workshop 3
17.00 – 17.30	Final cakes and farewell
17.30	Depart, tired, dirty and inspired!

Cost – Full event £50, or Saturday only £10 and bring your own lunch.

Saturday Workshops.

The workshops are 2 hour sessions. Please select up to 5 workshops in order of preference and we will do our best to fit your choices into the programme.

Full details of each of the workshops are below.

1. [Literacy in the Outdoors](#)
2. [Numeracy in the Outdoors](#)
3. [Taking ASN Outdoors](#)
4. [Arts & Crafts Outdoors](#)
5. [Bushcraft](#)
6. [Orienteering](#)
7. [Primary Science Outdoors](#)
8. [Outdoor Learning Cards](#)
9. [DofE Campcraft & Navigation](#)
10. [TCV Green Gym](#)
11. [My Place Photography – Scottish Civic Trust](#)
12. [Secondary Field Work Skills \(on a budget!\)](#)
13. [Literacy, Nature and the John Muir Award](#)
14. [Outdoor Cooking](#)
15. [Get the best from your School Grounds](#)
16. [Managing Risk in a Green Space](#)
17. [Mythbusting in the Early Years](#)
18. [ASN Adventure](#)
19. [Citizen Science for Schools](#)
20. [Micro Adventure](#)
21. [Scotlands' land for....](#)

In addition we are also offering the following full day courses (NB these courses will incur an additional cost).

22. [Bike Leader Training \(Whole Day Course, Additional Cost £20\)](#)
23. [Watersports Taster \(Whole day course, additional cost £55\)](#)

Workshop details

1. Literacy in the Outdoors - A look at how we can make learning outdoors meaningful, engaging and raise attainment. This will be practical, hands on session using materials from the COACH programme as well as creating a more tailored approach that is suitable for your pupils/class/school. A chance to try out well tested ideas that will make a real difference to your teaching. This session will focus on



Literacy. - [Back to list](#)

2. Numeracy in the Outdoors - A look at how we can make learning outdoors meaningful, engaging and raise attainment. This will be practical, hands on session using materials from the COACH programme as well as creating a more tailored approach that is suitable for your pupils/class/school. A chance to try out well tested ideas that will make a real difference to your teaching. This session will focus on Numeracy- [Back to list](#)



3. Taking ASN Outdoors - This session is designed to meet the wide and varied demands of teachers in special needs classes who wish to take the learning outdoors. There will be lesson ideas for all curriculum areas, differentiated to support pupils from complex through to moderate disabilities as well as guidance on assessment/evidence as well as the opportunity to share ideas/support. - [Back to list](#)



4. Arts & Crafts Outdoors - A chance to get together and be creative! Using materials found outside, we'll create some projects & share ideas of things to do with your class or group. No previous crafting experience necessary!!!This will be aimed at primary/ ASN. [Back to list](#)



5. Bushcraft - "Would your students survive if stranded on the Isle of Cumbrae?" This activity could be replicated near your school and involves fire lighting, shelter building and assessing the edibility of plants. This session develops your children's problem solving and team skills.- [Back to list](#)



6. Orienteering - a chance to learn all about the sport and see how it can be used within the school environment This is a very practical session which will introduce lots of simple activities that can be used to give pupils the basic skills to read and follow a map.- [Back to list](#)



7. Primary Science Outdoors - Science is about the world around us, so get out into it to deliver your lessons. Lots of ideas and practical experiences of how the primary science curriculum can be delivered in the outdoors.- [Back to list](#)



8. Outdoor Learning Cards - This workshop is an introduction to the Outdoor Learning Cards activities which can contribute directly to a wide range of educational and development aims for young people and cover four elements of Outdoor Learning that can be delivered in school grounds and surrounding environment:



- Orienteering - developing good map reading skills
- Team Building and Problem Solving - how to challenge your young people
- Bouldering - Use of low level climbing walls
- Journeyming - Local visits organised by young people. [Back to list](#)

9. DofE Campcraft & Navigation- An introduction to teaching the basics; Campsite choice, Choose the right tent, how to erect/pack away a tent, **tent race**, How to pack /carry a rucksack, Outdoor clothing choice, Basic map and compass work, route planning, route hazards, Countryside access, Camp stoves – how to use/safe use, meal selection and planning, **cook yourself a meal**. Just bring yourselves – we will provide the rest!! - [Back to list](#)



10. TCV Green Gym - TCV (The Conservation Volunteers) will be running a mini Green Gym workshop for this event. Green Gym is a programme delivered to schools where teachers are trained in the management and practical running of school gardening and conservation projects. Teachers receive a qualification and hopefully the confidence to manage their own projects in their schools. The overall aim of the school Green Gym programme is to try and ensure that school projects are sustainable, long lasting and self-managed. This workshop will deliver a taster, session on how Green Gym works in your school covering, safe tool use, organic gardening, Green Gym exercises and some practical conservation work. [Back to list](#)



11. My Place Photography - The Scottish Civic Trust's My Place Photography Competition is a heritage photographic competition for young people of school age in Scotland. It is aimed at encouraging young people to explore their built environments in a creative way using photography as means of investigation and creative expression. The My Place Photography Competition forms part of Scotland's contribution to the International Heritage Photographic Experience supported by the Council of Europe as part of Our Common Heritage initiative.



In this workshop you will take photos, become members, submit images and judge winners, thus giving you a really concise example of how MPPC runs- [Back to list](#)

12. Secondary Field Work Skills (on a budget!) – During this activity, teachers will experience a range of fieldwork techniques appropriate to biology and geography using two different styles. First, appropriate scientific sampling equipment will be used to demonstrate best practice and to allow educators to get hands on with a range of fieldwork equipment. This will be shortly followed by examples of home-made or cheap sampling equipment for schools on a strict budget. Most scientific studies can be conducted for free with a little bit of knowledge of what equipment will be appropriate. - [Back to list](#)



13. Literacy, Nature and the John Muir Award - This workshop session will introduce the John Muir Award and look at how the outdoors and nature can help develop literacy skills. We will look at some examples and try a couple of activities outdoors.



The John Muir Award is actively promoting literacy and nature in education settings and beyond through the publication of a dedicated Resource Guide and collaboration with the publishing phenomena "The Lost Words". In East Ayrshire "The Lost Words" is being used to raise attainment in literacy. During the workshop we will explore the new accompanying education resource "An Explorers Guide" - [Back to list](#)

14. Outdoor Cooking Having spent a morning outside, why take your pupils back in for lunch. Ideas on how to create more self-reliant and excited pupils. Try out some simple recipes and different ways of cooking them.- [Back to list](#)



15. Get the best from your School Grounds –School grounds are the most accessible and cost effective way of accessing outdoor learning for all – and pupils play opportunities transformed at break. Steve Moizer of Grounds for Learning will lead a workshop sharing approaches and practical ideas for making use of school grounds for play and learning. With 15 years' experience of supporting schools in this area, Steve brings a wealth of knowledge and strategies to the workshop. - [Back to list](#)



16. Managing Risk in a Green Space – Worried about managing your class outside the classroom.



This session will provide lots of practical ideas to help you plan your activities and carry them out safely. [Back to list](#)

17. Mythbusting in the Early Years – This workshop will highlight the support and guidance



around perceived barriers to engaging in outdoor learning in early years. It will also give an opportunity to discuss the suite of guidance issued by Government covering topics such as toileting/sanitation, risk, ratios and first aid. [Back to list](#)

18. ASN Adventure – Equal Adventure are dedicated to resourcing and inspiring inclusive adventure, sport and active lifestyles with disabled people. This workshop will look at providing adventurous opportunities for all young people regardless of disability. [Back to list](#)



19. Citizen Science for School – This short session is intended to introduce teachers to the free resources available through the Open Air Laboratories (OPAL) initiative.



Comprising 6 different FREE packs designed for teachers to independently conduct an ecology study in their school grounds or local area. An overview of the resources and support available will be given before a quick survey is conducted using one of the packs on the Centre grounds. [Back to list](#)

20. Micro Adventure – The term microadventure was made common by British adventurer and author Alastair Humphreys and is defined as an overnight outdoor adventure that is "small and achievable, for normal people with real lives". The concept is flexible enough in its definition to allow the individual to choose the location, duration, and overall scope of the adventure. Microadventures are generally considered affordable in that little to no specialized gear is required, travel costs are trivial or non-existent, and only a minimal amount of provisions are needed for the outing. This is a collaborative session about starting school microadventures, resources to get you inspired, East Ayrshire's Microadventure Medal, share ideas and challenges, discuss safety woes, could we get every child in Scotland on a school microadventure? - [Back to list](#)



21. Scotland's land for – Led by staff from Scotland's National Parks and



Outdoor Woodland Learning Scotland, this workshop will be using a range of resources to learn about the wonders of the land we live in and on, in a fun interactive session. The interdisciplinary activities will include Literacy (Stories and Gaelic), Numeracy, History so there is something for everyone! [Back to list](#)



22. Cycle Ride Leader Training (Whole Day Course, additional cost £20) - This course covers the skills necessary to lead cycle rides on roads and on recognised cycle paths. Those wanting to become a ride leader should be a regular, confident and competent cyclist and know how to fix a puncture. Participants should bring their own bike. - [Back to list](#)



23. Watersports Taster (Whole day course, additional cost £55) - This will run at The SportScotland National Watersports Centre on Cumbrae and will include all instruction, safety cover, equipment and lunch. Participants will get to sample 2 water activities. The actual activities will be number and weather dependant but could include; sailing, kayaking, windsurfing or power boating. [Back to list](#)

