



DO IT YOURSELF

# LAILA IN LOCKDOWN

multi-sensory story



# Laila in Lockdown

by Nina Martinez

- Shoulder Bag**      **“Okay, I’m ready! Is the bus here?”** shouted Laila, picking up her bag.  
*They put the bag handle over their head or shoulder*
- Two plastic bowls**      **“Laila, I keep TELLING you, the bus isn’t coming today. We’re in LOCKDOWN”** said Shaun, putting the breakfast bowls away.  
*They stack the bowls together*
- Action**      **“Uuuuurgh...”** said Laila, shaking her head.  
*They shake their head from side to side*  
**“I don’t GET it. Tell me again, what’s a LOCKDOWN?”**
- Flannel/ Action**      **“Well,”** said Shaun patiently, **“when a VIRUS, a bad germ, starts to make lots of people ill...”**  
*The storyteller places the flannel/palm onto the listener’s forehead*  
**“...you are NOT allowed to mix with other people.”**
- Germ picture**      **“Why not?”** asked Laila.  
**“Because”** said Shaun, **“it is a PEOPLE germ. You can only STOP it by staying away from other people. One person can pass it on to another person, and then to another person.”**  
*Storyteller sticks the card onto the listener and back onto themselves three times*
- Ticket**      **“Well, at LEAST I’m going out on Saturday”** Laila cheered, waving her ticket.  
*Merry waving of ticket*
- Bin**      **“I’m SO, SO sorry Laila, we have to throw the ticket away for that, too.”**  
*Throw ticket in a bin*
- Action**      **“NO! NO!”** stamped Laila.  
*Listener stamps twice*
- Action**      **“Laila, we have to be SENSIBLE and RESPONSIBLE. We must keep ourselves SAFE. The ONLY way to do that is to STAY IN and to wash our hands LOTS.”**  
*Make thorough handwashing action*

- Sound**      *Mobile phone sound*
- Laila ran to answer her phone.**
- “No Milo, we can’t see you this weekend,” she said, “we’re in LOCKDOWN. I know it’s hard – but we must be SENSIBLE and RESPONSIBLE and STAY IN. Bye!”**
- They put down the phone*
- Shopping Bag**      **“Shaun! They’re leaving our shopping order outside the door!”**
- Lift and put down the shopping bag*
- Action**      **“Oh no, some items are missing! What does the note say?” said Laila. “It says: SORRY BUT MISSING ITEMS WILL BE IN STOCK SOON.”**
- Read the words on the long card together*
- Action**      **“Everything is so DIFFERENT today” said Laila wistfully.**
- “I know,” said Shaun, “but now that you CAN’T go out and I CAN’T into work – we can have the WHOLE DAY together and have some FUN!”**
- Cheers*

## **Items needed for this story:**

- Shoulder bag**
- Two plastic bowls**
- Flannel**
- Germ picture**
- Ticket**
- Bin**
- Mobile phone and sound**
- Shopping bag**

We hope you feel this story has been beneficial. If so, then please consider making a donation of £5 to Bag Books as this will enable us to produce more stories in the future. You can donate via our website [www.bagbooks.org](http://www.bagbooks.org) or text **Book33 £5** to 70070 to donate £5 to Bag Books (the system will also work with £1, £2, £3, £4 or £10 as well as £5)

**Health and Safety:** Multi-sensory books should not be left with unsupervised children and/or people with learning disabilities. It is advisable to check the books periodically to ensure that they are intact and safe to use. Store out of reach of children and/or people with learning disabilities.

### **Bag Books**

1 Stewart's Court, 218-220 Stewart's Road, London SW8 4UB - Tel: 020 7627 0444 - Fax: 020 7627 0999  
email: [office@bagbooks.org](mailto:office@bagbooks.org) - web: [www.bagbooks.org](http://www.bagbooks.org)



**BAG BOOKS IS A CHARITY  
WHOS AIM IS TO ENHANCE THE LIVES OF  
INDIVIDUALS WITH LEARNING DISABILITIES  
THROUGH THE USE OF MULTI-SENSORY BOOKS**

**WE HOPE YOU HAVE ENJOYED OUR  
FREE STORY PACKS**

**PLEASE CONSIDER MAKING A DONATION AND  
ALLOW US TO CONTINUE PROVIDING OUR  
SERVICES AND STORIES TO  
THOSE WHO NEED IT MOST**

**BAGBOOKS.ORG  
020 7627 0444  
OFFICE@BAGBOOKS.ORG**

**© COPYRIGHT BAG BOOKS  
REGISTERED CHARITY NUMBER 1026432**