



DO IT YOURSELF

DON'T SAY EGG!

multi-sensory story



Don't Say Egg!

by Fiona Collins

- Pound coin** James and Jerry were at the supermarket. Jerry put a pound in the slot and pushed the trolley into the shop in front of James' wheelchair.
They feel the coin.
- Egg box** "Right, James, first we need eggs" said Jerry, putting a box of eggs in the trolley.
They feel the egg box.
"What's next?"
- Fruit** "Egg" said James. "But we've got the eggs now!" said Jerry. "Come and smell this nice fruit. What shall we choose?"
They smell and feel the different fruit.
- Music** One of James' favourite tunes was playing in the shop and he began to laugh.
Play music.
- Shopping list** "Come on, James. You're supposed to be helping me" said Jerry.
"What else is on the list?"
They unfold the list (with help if necessary).
- Cereal** "Egg" said James again. "We've got the eggs!" said Jerry. "Mum has put cereal on the list. It sounds like a shaker. Listen!"
They shake the cereal.
- Plastic bag and other shopping items** At the till the lady helped them pack their shopping into a carrier bag.
They put the items into the bag.
"Have you got everything?" she asked. "Egg" said James.
- Action** Jerry said, "We've got the eggs! Don't say egg, James!" But James banged on the arm of his wheelchair and shouted, "EGG!"
They bang on a chair arm/table/floor/appropriate object.
- Egg box** And at that moment the eggs fell out of the trolley and smashed on the floor!
They push/drop/throw the egg box onto the floor. Pause for a few seconds.
"Oops!" said Jerry. "Egg" said James.
- Action** "Now I know why you kept saying eggs" said Jerry. "You were trying to warn me!" And he ruffled James' hair before picking up the mess.
Ruffle their hair.

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Items needed for this story

Pound coin

An egg box – To give the box some weight, you could fill it with lumps of plasticine or similar. Whatever you do, make sure there are no raw eggs in the box!

Fruit - Two different sweet-smelling fruit.

Music – Use any song that the participant likes.

Shopping list - Folded piece of paper with some items written on it.

Cereal – Any brand. Some listeners may struggle to grip and shake a full-size box. If this is the case, either remove the cereal bag from the box so they can shake that instead, or use a variety pack sized box.

Plastic bag and other shopping items – Any supermarket carrier bag. Other items can be anything you might buy on a typical shop e.g. pasta, toilet roll, bin bags, frozen peas. The more interesting the sensory experience the better.

Watch an example online

You can watch a demonstration of this story being told at <http://youtu.be/WnDVawmF8RY>

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