

Changes to the School Day

Primary

What changes are being proposed?

- Changing the school week from the current structure of 5 equal days to 4 slightly longer school days to allow one day to have a lunchtime finish
- Teaching time would remain the same overall
- These changes are being proposed for primary and secondary schools only- Early Learning and Childcare (nursery) settings are not affected by these changes

Example current primary timetable

School starts	9am
Break time	10.30am to 10.45am
Lunchtime	12.30pm to 1.20pm
End of the school day	3pm

Example of proposed primary timetable for 4 days

School starts	8.45am
Break time	10.25am to 10.40am
Lunchtime	12.30pm to 1.10pm
End of the school day	3.25pm

Example proposed primary timetable for 1 day

School starts	8.45am
Break time	10.25am to 10.40am
Lunchtime	12noon to 12.45pm
End of the school day	12.50pm

Why make changes?

By making these changes to the school day, there will be benefits to the learning and wellbeing of young people and school staff. We have looked at examples from around Scotland and the UK where these changes have already been made.

Some of the benefits to young people are:

- Better balance in the week - time in and out of a formal learning environment
- More time for young people to explore extra-curricular activities- such as sports, art, music, drama, gardening
- Recruitment of school staff in Dumfries and Galloway can be a challenge, this change would help us better staff our schools by making it easier to timetable our current staff and to recruit new staff to fill vacancies



Have your say at our community drop in sessions and by completing the questionnaire

Find out more at dumgal.gov.uk/theschoolweek or scan the code below

