



Rephad Nursery
Ladies walk
Stranraer
DG9 8BW
August 2023

Any enquires please contact:
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To the family of

Welcome to Rephad Nursery, we hope you had a lovely summer holiday. A special welcome to our new starts today. Everyone at Rephad Nursery will do all we can to ensure their first steps into nursery life are happy and enjoyable.



If you wish to drop off or pick up your child outwith their times, please notify a member of staff. We have an intercom bell you can use to gain access to the nursery during the nursery session.

Newsletters are sent out on a regular basis mainly at the beginning of a new interest. Please keep them in a safe place because future newsletters will have important dates and events that you will need to be aware of. We will always display the most recent newsletter on the family display board in the Gathering Area.

At this time of year with new children starting nursery, incidents may occur. We will always record incidents and then speak to the child's parent/carer so that we are working closely together. We have found from experience that if we work together the children soon understand what is expected of them at nursery. We regularly talk to the children during group times about the nursery rules and routines.

Snacks for the next four weeks:

Week	1	2	3	4
Mon	Wheat biscuits	Toasted teacakes	Scotch pancakes with spread	Tuna/ham and crisp bread
Tue	Rice cakes and fruit	Pitta bread, veg sticks, dips	Salad wraps	Cereal
Wed	Toast and spread	Toast and spread	Toast and spread	Toast and spread
Thurs	Crackers with cheese	Oatcakes and cherry tomatoes	Rice cakes & banana	Crackers with cheese
Fri	Fruit and Breadsticks	Plain yoghurt, oranges	Breadsticks & cheese cubes	Fruity Friday and breadsticks

If you have any suggestions about snack or any other matter, please do not hesitate in talking to a member of the nursery team.

All children are provided with a small snack and lunch during their stay at nursery. If you decide to provide your child with their own packed lunch could you please discuss this with a staff member as there are allergen guidelines in which we must follow. (No items which contain **NUTS**)

We understand the importance of working together with parents/carers to help your child to achieve his/her full potential at nursery. The interest we will focus on is:

All About Me

- 'getting to know you'
- settling in
- new routines and colours.

The following are a few suggestions of ways in which you can support your child's learning at home:

- ◆ Talk about what they have done at nursery
- ◆ Reinforce nursery rules at home
- ◆ Complete the 'All About Me' booklet with your child.
- ◆ Talk about colours which are all around us. (My favourite colour is....., I like the colour....., Yellow is the same colour as ,,,,,,,)



Please complete the 'All About Me' booklet, allow your child to draw and colour in the pictures then return to Nursery. This information helps us to select future learning interests. If you have any ideas or suggestions for future interests, we would be grateful if you could write them on the tear off slip at the end of this newsletter, thank you.



We suggest that all children have a change of clothes in case of any little accidents. Please make sure all your child's belongings have a name on them to avoid anything getting lost.

If your child is unwell please keep them safe at home or call the nursery for advice before attending.

Yours sincerely,
Nursery Staff



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Please let us know your ideas/suggestions/views for snack and for future topics/interests.
(Alternatively speak to a member of the nursery team about your ideas and suggestions).