

Primary Menu

Primary 1-5 Free
Primary 6&7 £1.90

CHOOSE 1

From either
SOUP or
DESSERT

+

CHOOSE 1

MAIN or
DELI CLUB
COURSE

+

VEG OF
THE DAY or
SALAD AND
VEG POTS

+

Daily Fresh Milk or
Milk Alternative (V)(Ve)
or Milk Shake



Week 1 18 April, 9 May, 30 May, 20 June, 29 August, 19 September and 10 October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Vegetable Soup (V) (Ve)			Lentil Soup (V) (Ve)	
Main Choice Both main choices come with the Veg of the Day	Sausage Roll with Chips or Boiled Potatoes	Cottage Pie	Roast Chicken with Gravy, Yorkshire Pudding and Boiled Potatoes	Spaghetti Bolognese with Garlic Bread	Breaded Fish with Chips or Boiled Potatoes
	or	or	or	or	or
	Italian Tomato Pasta with Garlic Bread (V) (Ve)	Potato Topped Mixed Bean Pie (V)(Ve)	Vegetable Roast with Gravy and Boiled Potatoes (V) (Ve)	Spaghetti Bolognese with Garlic Bread (V) (Ve)	Vegetable Rice Stir Fry (V) (Ve)
Veg of the day	Beans and/or Broccoli	Green Beans	Carrots and/or Peas	Sweetcorn	Peas and/or Beans
DELI CLUB All Grab and Go Deli choices come with a selection of Salad and Vegetable pots	Chicken Fajita Wrap	Cheese and Tomato Pizza (V)	Fish Finger Wrap	Cheese Panini (V)	Chicken Rice Stir Fry
	or	or	or	or	or
	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Sliced Chicken Chickpea Hummus (V) (Ve)	Baked Potato, Sandwich or Wrap with Tuna Mayo Ham Falafel (V) (Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Ham Salad (V) (Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Sliced Chicken Chickpea Hummus (V) (Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Falafel (V)(Ve) Sliced Chicken
Dessert Both deserts come with a choice of fresh fruit	Crackers and Cheese (V)(Ve)	Flapjack (V)(Ve)	Vanilla Sponge and Custard (V)(Ve)	Crackers and Cheese (V)(Ve)	Ice Cream and Mandarin Oranges (V)
	or	or	or	or	or
	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)

Week 2 25 April, 16 May, 6 June, 27 June, 5 September and 26 September

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Vegetable Soup (V) (Ve)		Lentil Soup (V) (Ve)		
Main Choice Both choices come with the Veg of the Day	Hot Dog Roll with Chips or Boiled Potatoes	Sweet and Sour Pork with Rice	Steak Pie with Mashed Potatoes	Macaroni Cheese with Garlic Bread (V)	Breaded Fish with Chips or Boiled Potatoes
	or	or	or	or	or
	Vegetable Pasta Bake (V) (Ve)	Sweet and Sour Vegetables with Rice (V) (Ve)	Roasted Vegetable and Bean Parcels with Mashed Potatoes (V)(Ve)	Macaroni Cheese with Garlic Bread (V)(Ve)	Chilli Garlic Vegetable Noodles (V)(Ve)
Veg of the day	Sweetcorn and/or Wee Dee Gee Slaw	Broccoli	Carrots and/or Spring Greens	Peas and/or Sliced Tomatoes	Peas and/or Beans
DELI CLUB All Grab and Go Deli choices come with a selection of Salad and Vegetable pots	BBQ Chicken Pasta Bake	Chicken Goujon Wrap	French Bread Pizza (V)	Pork Burger Roll	Chilli Garlic Chicken Noodles
	or	or	or	or	or
	Baked Potato, Sandwich or Wrap with Ham Tuna Mayo Falafel (V)(Ve)	Baked Potato, Sandwich or Wrap with Ham Egg Mayo (V) Chickpea Hummus (V) (Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Chicken Mayo Salad (V) (Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Sliced Chicken Chickpea Hummus (V) (Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Sliced Chicken Falafel (V)(Ve)
Dessert Both deserts come with a choice of fresh fruit	Crackers and Cheese (V)(Ve)	Homemade Shortbread (V)(Ve)	Crackers and Cheese (V)(Ve)	Chocolate Brownie and Custard	Homemade Jammy Dodger(V)(Ve)
	or	or	or	or	or
	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)

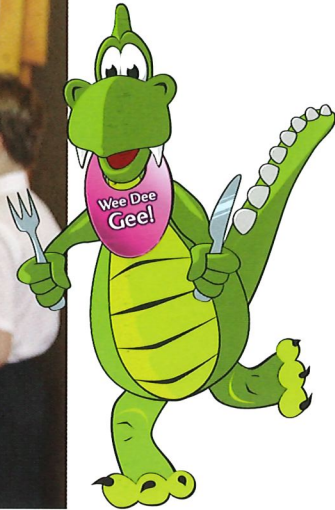
Week 3 2 May, 23 May, 13 June, 22 August, 12 September and 3 October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Vegetable Soup (V) (Ve)		Lentil Soup (V) (Ve)		
Main Choice Both choices come with the Veg of the Day	Sausages with Mashed Potatoes	Chicken Tikka Curry with Rice	Roast Beef, Gravy, Yorkshire Pudding and Boiled Potatoes	Beef Lasagne	Breaded Fish with Chips or Boiled Potatoes
	or	or	or	or	or
	Plant Based Cumberland Sausages with Mashed Potatoes (V) (Ve)	Chickpea Tikka Curry and Rice (V) (Ve)	Vegetable Roast with Gravy and Boiled Potatoes (V) (Ve)	Vegetable Lasagne (V)(Ve)	Vegetable Bean Chilli with Rice (V) (Ve)
Veg of the day	Beans and/or Peas	Broccoli	Carrots and/or Turnip	Sweetcorn	Peas and/or Beans
DELI CLUB All Grab and Go Deli choices come with a selection of Salad and Vegetable pots	Buttermilk Chicken Burger Roll	Cheese Panini (V)	Salmon Finger Wrap with Lemon Mayo	Chicken Goujon Wrap	Chilli Beef Burrito
	or	or	or	or	or
	Baked Potato, Sandwich or Wrap with Ham Tuna Mayo Falafel (V)(Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Egg Mayo (V) Chickpea Hummus (V)(Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans (V)(Ve) Chicken Mayo Falafel (V)(Ve)	Baked Potato, Sandwich or Wrap with Ham Egg Mayo (V) Chickpea Hummus (V)(Ve)	Baked Potato, Sandwich or Wrap with Cheese (V) Beans(V)(Ve) Sliced Chicken Salad (V)(Ve)
Dessert Both deserts come with a choice of fresh fruit	Crackers and Cheese (V)(Ve)	Homemade Custard Cream (V)(Ve)	Crackers and Cheese (V)(Ve)	Chocolate Sponge (V)(Ve) and Custard (V)	Ice Cream and Peaches (V)
	or	or	or	or	or
	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)	Fruit Yoghurt (V)(Ve)

SCHOOL MEALS

Spring/Summer 22

try them, you'll love them



Our school meals service delivers innovative and nutritious meals to pupils across the region to suit every appetite!

naturally
D&G

From Nursery to Secondary School, we have developed menus with our pupils in mind. Our Wee Dee Gee brand in nurseries and primary schools helps our youngest customers to foster a good relationship with food as well as educating them about where it comes from. In our secondary schools, we launched our Globetrotter brand to give pupils more choice than ever before.

We use as much non-processed ingredients as we can for example: fresh or frozen fruit and vegetables, meat, fish, rice and pulses.

We also use local produce such as milk, cheese and bread in our school menus.

We are committed to ensuring we use only the best produce; therefore, all our supplier contracts go out to tender. This allows us to give local smaller business opportunities to gain contracts with us.

All of our suppliers have a HACCP principle (Food Safety) plan in place to ensure that potential hazards in the food production process are controlled and prioritised.

Free School Meals

Free School Meals for all children in Primary 1 – 5

From August 2021, every child at a Dumfries and Galloway Council school can get free school lunches during term-time if they are in primary 1 to 5. This applies to all children - your family's financial circumstances do not matter.

Your child can get free meals in school if you get:

- Universal Credit (where your monthly earned income is not more than £625)
- Income Support
- Income-based Job Seeker's Allowance
- Income-based Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999

Your child is also entitled to free school lunches if you get:

- Child Tax Credit, but not Working Tax Credit, and your income is less than £16,105
- Both Child Tax Credit and Working Tax Credit and have an income of up to £7,500

Free lunches for children at nursery

Children in early learning and childcare can get free lunches only if they have a funded place. Your child can also get a free lunch in early learning and childcare if you get any of the benefits above. **Contact your childcare provider to find out more.**



Think Allergy!

Natasha's Law

Natasha's Law came into force on 1 October 2021.

'Natasha's Law' is being introduced to protect allergy sufferers and give them confidence in the food they buy.

We would advise all parents to register any allergens, medical or prescribed diets as soon as possible.

Forms available from the school office.

Specific dietary requirements

If you have specific dietary requirements please inform your school as soon as possible. Special dietary requirements will be managed in a way that is realistic to the catering section and pupil and therefore it may not be possible to accommodate all desired requirements.

Food Allergies and Intolerances:

Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.



GLUTEN



PEANUTS



NUTS



MILK



SOYA



MUSTARD



LUPINS



EGG



FISH



CRUSTACEAN



SHELLFISH



SESAME



CELERY



SULPHITE