

PE Kit

The children can have PE inside and outside.

Children can access the Multi Use Games Area (MUGA) in all weather so it is important that they are prepared to go outside by having what we term a MUGA Kit:

- Long sport trousers - joggers/trackies.
- Long sleeved T-Shirt.
- Short sleeved T-Shirt and zippy.
- Outdoor trainers. (These must not be the same shoes worn for indoors).

This kit (MUGA and inside) can be kept in a bag in the class and is encouraged to be taken home at regular intervals depending on use. Children tend to use a shoe bag brought from home to hold all their PE wear.

Indoor kit can be the child's indoor black plimsols, shorts and t-shirts.

No football tops/shorts should be worn in school.

Non Uniform Days

At times during the year we may organise a non uniform day or Wear What You Want Day. This day is usually arranged to raise money for the school or a charity—Children In Need /Red Nose Day etc.

On these days children can come to school in their social clothing but the following still stands:

- No football clothing.
- No high heels.
- Personal appearance guidelines still stand.

School Trips

Children often go on school trips/outdoor education.

You will be informed separately of clothing requirements for these times with the outing permission letter.

Heathhall School is a community where we encourage everyone to do their very best. To succeed in this we all strive to go.....



Fairness – We include and nurture others to inspire a healthy and happy community.



Achievement – We build on the strengths, interests and aspirations of all, preparing everyone to become local and global citizens.



Respect – We provide a safe, supportive and inclusive community where we value everyone.

DON'T STOP BELIEVING

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Helpful Uniform Hints for Parents



0108-20

Introduction

In consultation with pupils, staff and parents it was felt that guidance was required in connection with uniform expectation.

In the following pages there are helpful hints that have been compiled with suggestions from the pupils, parents and staff.

All schools in Dumfries and Galloway have uniform guidelines. The benefits in having such a policy at Heathhall are:

- Creation of a positive image for the school and local community.
- Promotion of a positive school ethos and a sense of identification of young people within the school and in the school grounds.
- Reduction in the pressure which can be placed on young people to adhere to certain fashion trends.
- Increase in young people's awareness of the requirement to dress appropriately for the circumstances they find themselves.
- Identification of the pupils in the community.
- Economic benefits to parents.

The existing uniform was decided upon after full consultation before the school opened in May 2010.

If you have any questions you would like to ask about school uniform please contact the school office and ask to speak to the DHT or the HT.



School Colours

The school colour is royal blue with sky blue/white polo shirt.



Outdoor Wear

The children are outside in cold and drizzly weather, classes also walk to the library on a rota basis every term so they should come prepared for this.

- Waterproof jacket with hood
- Hats, scarves, gloves and caps which should be removed when entering the school.
- Football emblems/sportswear is not allowed
- In hot weather the children should also bring a cap to shade themselves from the sun.
- Trousers/Skirts/Culottes/Shorts **(not skinny jeans or leggings)**.
- These should be plain and black.
- Tights should be black or the school blue.

Polo Shirts/Dress Shirts and Ties

- Polo shirts should be plain white or sky blue with either the school motif (purchased from the school uniform supplier) or no motif.
- Polo shirts should be worn preferably under sweatshirts or cardigans and dress shirts should be worn with ties.
- Ties should be properly knotted at the collar.

Over garments:

Children should wear a combination of

- Sweatshirt & Polo Shirt.
- Cardigan & Polo Shirt.
- Dress Shirt and Tie.
- Cardigan/Shirt and Tie.
- In summer checked dresses in the school blue can be worn.
- In winter if a base layer is worn it should be in school colours - royal/sky blue or white.

Footwear

- Footwear should be black and appropriate for the school day.
- Outside Intervals - appropriate for running around, playing games and the weather.
- Wellingtons can be worn in the winter or wet weather.
- Inside - black plimsols only.
- PE inside - black plimsols.
- PE outside - outside trainers for playing sport.

In the younger classes the children should be independent in changing their shoes so Velcro would be advisable until shoe laces can be tackled independently.

Personal Appearance

- Jewellery, if worn, should be restricted to a watch, plain ring and sleeper studs.
- Children should not be wearing nail varnish, false nails, French Manicures and make up.
- Hair that is long enough should be tied back to prevent the spread of head lice and to help in adhering to our risk assessment in PE and other practical subjects.
- Any body tattoos should be covered and not visible

All garments should have the child's name clearly marked on them.