Dear parents and carers,

The Royal Highland Education Trust (RHET) and the Galloway Glens Landscape Partnership Scheme are delighted to be working together and with the school to offer your child a free day out at Wallets Mart in Castle Douglas next week. The aim is to show the children what an interesting sector the food and farming industry is, and to connect them more closely with the food that they eat.

All logistics arrangements will be taken care of by the school, but this is just to give you some additional information to prepare for the day.

**1. Appropriate Attire**

* As always with any outdoor event, **please ensure your child is dressed appropriately for the prevailing weather.**
* **Wellies or sturdy boots are essential footwear.** Ensure no holes in footwear, or they will get wet dirty feet!
* Warm clothing is essential. Layers of clothing under jackets are recommended, plus a spare pair of socks.
* If gloves are worn, these will be bagged at the end of the visit and sent home to be washed before they are worn again – this is for biosecurity reasons.

**2. Hygiene on the Farm**

* Wellies/Sturdy Footwear will be disinfected on arrival at the Mart and again on departure.
* Pupils will be required to wash hands using antibacterial liquid soap and clean water before eating lunch and prior to leaving the Mart at the end of the event.
* **Long hair should be tied back.**
* Open wounds should be covered.

**3. Eating at the Mart**

* **All pupils should bring a packed lunch, a snack and a drink.**
* Staff and pupils will eat home-packed lunch in the Mart Canteen (hands washed with anti-bacterial liquid soap prior to eating)
* Samples of cooked beef-burgers, venison sausages and cheese cubes will be offered to pupils in the canteen at lunchtime. Children are encouraged to taste food samples but may decline tasters if they choose to do so.
* Pupils from those schools timetabled for a later lunch break will be offered a 5-minute break to eat a snack. Hands washed with anti-bacterial liquid soap prior to eating.

**Should you have any questions, please contact the school for further information.** We’re looking forward to a great day out!

Best regards, Fiona Jamieson (Project Co-ordinator, RHET) and Helen Keron (Education and Community Engagement Officer, Galloway Glens).