



The Restraint and Seclusion in Schools (Scotland) Bill

The Restraint and Seclusion in Schools (Scotland) Bill was passed unanimously in Scottish Parliament on 24th March 2026. This Bill creates statutory guidance and duties in relation to the use of restraint and seclusion in schools and aims to prevent inappropriate use of restraint and seclusion of children and young people in schools. It represents a significant step forward in establishing a much clearer legal framework for the use of restraint and seclusion and for our rights-based approach to practice in our schools.

The key objectives associated with this bill are as follows:

- Any training in positive handling should focus upon de-escalation techniques, to minimise situations where restraint or seclusion is required. Training must be compliant with the Restraint Reduction Network training standards.
- Parents/carers must be notified if restraint or seclusion is used upon their child within a maximum of 24 hours.
- Educational establishments will be required to record and report any incidents where restraint or seclusion is used.

School staff currently accredited in Team Teach will recognise that these key objectives are already embedded within Dumfries and Galloway.

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