



## Opportunities for



# Care Experienced Young People

Hello Everyone, as part of our ongoing work together, we wanted to share some current opportunities for care experienced young people. The Youth Work Service is continuing to lead on youth participation on behalf of the Corporate Parenting Group, and we would really appreciate your support in promoting these opportunities to the young people you work alongside.

If you would like more information or would like us to link in with a young person directly, please just get in touch.

## CHAMPIONS BOARD

Our Champions Board provides a welcoming and supportive space for care experienced young people (aged 12–25) to come together, build confidence, develop relationships, and influence decision-making. The group meets regularly and take part in activities, discussions, and projects that shape the services that affect their lives.

What we can offer:

- Social activities and fun trips
- Food and travel support
- A safe and encouraging group space
- Opportunities to have a say on services and policy



We're very happy to meet young people 1:1 beforehand if they'd prefer. Please share with anyone who may enjoy being part of a friendly and supportive group. Young people can sign up here:

[HTTPS://FORMS.OFFICE.COM/E/QRFVGCMI1](https://forms.office.com/E/QRFVGCMI1)

## LISTEN 2 US

Listen 2 Us is a participation group focused on using lived experience to improve practice across services. Young people involved help shape and deliver awareness-raising and discussions with corporate parents.

This is a valuable opportunity for young people who would like to:

- Share their views on improving care experiences
- Influence how professionals understand and support young people
- Develop communication and leadership skills
- Work towards accredited youth awards and wider recognition



Young people can participate in ways that feel comfortable – speaking, planning, creative input, or simply supporting behind the scenes. Young people can sign up here:

[HTTPS://FORMS.OFFICE.COM/E/QRFVGCMI1](https://forms.office.com/E/QRFVGCMI1)

## WEE CARE BAGS

Wee Care Bags are available for children and young people who are moving care placements or experiencing other transitions. These include personal and comfort items to help make moves feel more supportive and dignified.

If you know of a child or young person who would benefit, please let us know.

Bags can be adapted based on age and individual needs, and you can request a bag through this link:

[HTTPS://FORMS.OFFICE.COM/E/9DASLJ5TC1](https://forms.office.com/E/9DASLJ5TC1)

## HOW YOU CAN HELP

Please share these opportunities with the young people and families you are currently supporting. If a young person is interested but unsure, we can arrange informal introductions or taster sessions. If your team or service would like a short input about participation opportunities, we are happy to come along.

## GET IN TOUCH

For referrals, enquiries, or further information, please contact: [CHAMPIONSBOARD@DUMGAL.GOV.UK](mailto:CHAMPIONSBOARD@DUMGAL.GOV.UK)

Thank you for your continued support, partnership, and commitment to ensuring care experienced young people are heard, valued, and supported.