

Dumfries and Galloway Council has created our own local provenance catering brand "Naturally D&G". This brand demonstrates that we are committed to supporting our local food industry and economy.



Specific dietary requirements

We also offer meals for specific dietary requirements, such as vegetarian, food allergies or intolerances, medically prescribed diets, or religion or culture.

If you require this please inform your school as soon as possible. Special dietary requirements will be managed in a way that is realistic to the catering section and pupil and therefore it may not be possible to accommodate all desired requirements.

Think Allergy!

Which ingredients can cause a problem?



Food Allergies and Intolerances:

Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

Coming Soon!

Look out for our new school meals website, Facebook and Instagram pages



Pre-ordering lunch

All menus are nutritionally analysed, offering a fantastic choice and flexibility.

Primary schools have introduced an advanced pre order system for lunch. Please ask your school for a pre-order form.

You can choose 1 from each of the following groups:

- soup or pudding
- main course or deli lunch option
- an item from the salad option
- and a drink

Are you Entitled to Free School Meals?

Free school meals are provided for pupils of families on qualifying benefits and can lead to a large financial saving each year.

For further information please go to www.dumgal.gov.uk/schoolmeals or contact Education Support Services on

01387 260493.

Application forms are available at all schools and you can apply for a Clothing Grant on the same form.

More information relating to the School Meal Service can be found at

www.dumgal.gov.uk

SCHOOL MEALS

try them, You'll love them

Until Christmas 2020





Week 1 - 14 September, 5 October, 9 November, 30 November

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Tomato Soup (V)		Vegetable Soup (V)	
MAINS	Sausage Roll, Beans and Chips or Boiled Potatoes	Spicy Chicken Wrap with Mixed Leaves and Coleslaw	Roast Beef, Gravy, Yorkshire Pudding with Turnip and Carrot Mash and Mashed Potatoes	Turkey Lasagne with Garlic Bread and Salad	Breaded Fish with Chips or Boiled Potatoes and Peas
	or	or	or	or	or
	Vegetable Curry with Rice (V)	Macaroni Cheese with Sliced Tomato and Peas (V)	Vegetable Stir Fry with Noodles (V)	Cheese and Tomato Panini with Mixed Salad and Coleslaw (V)	Italian Pasta with Garlic Bread (V)
	or	or	or	or	or
	Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Tuna Mayo or Coronation Chicken	Choice of Roll, Sandwich, Wrap or Baked Potato with Egg Mayo, Tuna or Cheese or Baked Potato with Cheese and Beans (V)	Choice of Roll, Sandwich, Wrap or Baked Potato with Roast Beef, Ham or Egg Mayo	Choice of Roll, Sandwich, Wrap or Baked Potato with Chicken, Tuna Mayo or Cheese or Baked Potato with Cheese and Beans (V)	Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna Mayo, Ham or Chicken
DESSERT	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Raspberry Muffin	Fruit Pot	Cranberry Crumble Cookie	Fruit Pot	Chocolate and Pear Brownie and Ice Cream

Week 2 - 31 August, 21 September, 26 October, 16 November and 7 December

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Chicken Noodle Soup		Lentil Soup (V)	
MAINS	Salmon Finger Wrap with Garlic Mayo Dip and Mixed Salad	Sausage, Beans and Chips or Boiled Potatoes	Roast Chicken with Mashed Potatoes, Cabbage and Carrots	Mince, Potatoes and Broccoli	Breaded Fish Fillet with Chips or Boiled Potatoes and Peas
	or	or	or	or	or
	Cheese and Tomato Pizza, Coleslaw and Crunchy Salad (V)	Vegetable Chow Mein (V)	Vegetable Fajita with Mixed Salad (V)	Savoury Rice (V)	Penne Pasta in a Tomato and Basil Sauce with Garlic Bread (V)
	or	or	or	or	or
	Choice of Roll, Sandwich, Wrap or Baked Potato with Egg Mayo, Tuna or Cheese or Baked Potato with Cheese and Beans (V)	Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Tuna Mayo or Chicken	Choice of Roll, Sandwich, Wrap or Baked Potato with Egg Mayo, Tuna or Ham	Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Tuna Mayo or Cheese or Baked Potato with Cheese and Beans (V)	Choice of Roll, Sandwich, Wrap or Baked Potato with Coronation Chicken, Tuna or Egg Mayo
DESSERT	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Sticky Chocolate Muffin	Fruit Pot	Shortbread and Fruit	Fruit Pot	Apple Sponge and Custard

Week 3 - 7 September, 28 September, 2 November, 23 November and 14 December

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Leek and Potato Soup (V)		Lentil Soup (V)	
MAINS	Hot Dog Roll with Chips and Peas	Meatballs in Tomato Sauce with Spaghetti	Steak Pie with Spring Greens, Sweetcorn and Mashed Potatoes	Chicken Goujons Wrap with Mixed Salad and Coleslaw	Breaded Fish with Chips or Boiled Potatoes and Peas
	or	or	or	or	or
	Macaroni Cheese with Chips and Peas (V)	Vegetable Chilli with Rice (V)	Sweet and Sour Vegetable Noodle Pot (V)	Vegetable Pizza with Crunchy Salad and Coleslaw (V)	Beef or Vegetable (V) Burger Roll with Chips or Boiled Potatoes, Tomato Relish and Mixed Salad
	or	or	or	or	or
	Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna, Egg Mayo or Cheese or Baked Potato with Cheese and Beans (V)	Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Egg Mayo or Tuna	Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Chicken or Tuna Mayo	Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Tuna Mayo or Cheese or Baked Potato with Cheese and Beans (V)	Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna, Egg Mayo or Coronation Chicken
DESSERT	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Banana and Toffee Muffin	Fruit Pot	Fruit Flapjack	Fruit Pot	Fruit Jelly and Vanilla Ice Cream