Department of Public Health NHS Dumfries & Galloway Mountainhall Treatment Centre Dumfries DG1 4AP

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To Parents & Guardians of children at Collin Nursery,

## **Exposure to COVID-19 infection in the local area - FOR INFORMATION**

Over the last few weeks we have become aware of more cases of COVID-19 infection across Dumfries and Galloway, including within the school community.

We do not believe that your child has been in close contact with anyone who has the infection, and so at the moment is at no greater risk of developing COVID-19 themselves. However, you should be aware of the greater number of cases of infection locally and be vigilant for signs of possible infection.

For most people, Coronavirus will cause a mild illness, with the most common symptoms being:

- New continuous cough
- A fever or high temperature (above 37.8°C)
- A loss of taste or smell

If your child, or anyone in the household, develops symptoms (even if mild) you should arrange testing, and remain in isolation until the result is available.

Further help and advice is available through the www.nhsinform.scot website, or by phoning the helpline (0800 22 44 88). If your child develops symptoms, and you are concerned about their well-being, please phone your GP, or 111 out of hours.

You may also talk to the NHS Dumfries & Galloway Contact Tracing Team on 01387 241350 if you have specific questions about any possible contact or self-isolation.

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