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What is Cyberbullying?

Cyberbullying is a form of bullying or harassment using electronic means. Cyberbullying are also known as online bullying. It has become increasingly common, especially among teenagers.

There is different types of cyberbullying, people can say mean or hurtful things, trick or scam you, send sexual or inappropriate things/ask for them, fake being someone, and doxing. These can all be very serious things and should be told to a trusted adult if they happen.



What is doxing?



Doxing or doxxing is an illegal act where someone researches and broadcasts private or identifying information about an individual or organization.

The methods to obtain the information includes searching publicity available databases and websites, hacking and social engineering.

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Who can I tell? What can I do?

ALWAYS

Tell a trusted adult if anything happens to you online.

ALWAYS

1. Make sure you know who you're talking to,
2. Never tell anyone your private information,
3. Treat everyone how you'd like to be treated.



Facts and statistics



Lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth and those perceived as LGBTQ are at an increased risk of being bullied. Results from the 2017 Youth Risk Behavior Survey show that, nationwide, more U.S. high school students who self-identify as lesbian, gay, or bisexual (LGB) report having been cyberbullied (27.1%) in the past year, than their heterosexual peers.

Nearly 43% of kids have been bullied online. 1 in 4 has had it happen more than once.

70% of students report seeing frequent bullying online.

Over 80% of teens use a cell phone regularly, making it the most common medium for cyberbullying.

68% of teens agree that cyberbullying is a serious problem.

81% of young people think bullying online is easier to get away with than bullying in person.

90% of teens who have seen social-media bullying say they have ignored it. 84% have seen others tell cyberbullies to stop.

Only 1 in 10 victims will inform a parent or trusted adult of their abuse.

Girls are about twice as likely as boys to be victims and perpetrators of cyberbullying.

About 58% of kids admit someone has said mean or hurtful things to them online. More than 4 out 10 say it has happened more than once.

Bullying victims are 2 to 9 times more likely to consider committing suicide.

About 75% of students admit they have visited a website bashing another student.

How does cyberbullying affect people?



Cyberbullying affects people in different ways. It can make you feel down, worthless, like there's no point, like you have no purpose and just straight up horrible. It has a capability to make you feel powerless and alone. It can make you feel unloved and could even make you start to self harm. It can continue onto your everyday life and could potentially cause mental illnesses such as depression and anxiety as it can last for years, or it might not even stop.

How many people have been cyberbullied this year?

It is unknown exactly how many people have been cyberbullied this year, but the last time it was tested, statistics showed that 44% of pupils felt that they had been bullied online in the last 30 days.

What could we do to prevent it?



To prevent cyberbullying I'd say you should:

Treat people how you'd like to be treated.

Always be kind, even to bullies.

Try and follow age restrictions.

Tell a trusted adult if anything happens online.

Report everything to the site and then block the bully.

Know who you're talking to online.

Don't start talking back (they want the attention.)

Understand that they're probably going through a rough time.

Don't discriminate.



THANK YOU!