



Home Learning Grid - Week Beginning - 8th February 2021

The Castle Douglas Great Scottish Bake Off Week.



Click the Link below to see what exciting activities we have in store for you this week!

[The Castle Douglas Great Scottish Bake Off week. Challenge For the bake off.](#)



[Inspirational Chefs.](#)

[Heston Blumenthal - food science](#)

[The Science of Baking information.](#)

[Food Science Activities](#)



[STEM Challenge](#)

Try some of these '[Food for Thought](#)' STEM challenges!

There are 5 Star challenges and 5 Superstar challenges (slightly trickier!) so give a go to as many as you can over the week!





Some of the activities require a few ingredients so choose the tasks that you have the resources for at home. The tasks are also designed to be carried out in groups so how about asking some family members to join in with you?



[Recipe Writing](#)

Once you have decided what masterpiece you are going to create, and you have completed the activities on Food safety and Hygiene you can begin to prepare your recipe.

[Writing Instructions for My Bake-Off Entry.](#)

<p style="text-align: center;"><u>Nutrition</u></p> <p style="text-align: center;"><u>Nutrition Lesson - click here</u> Click on the links below to learn more.</p> <p style="text-align: center;"><u>Proteins</u> <u>Carbohydrates</u> <u>Vitamins and Minerals</u></p>	<p style="text-align: center;"><u>Art and Design</u></p> <p style="text-align: center;"><u>Art Lesson – click here.</u></p>   	<p style="text-align: center;"><u>Health and Wellbeing</u></p> <p style="text-align: center;"><u>How and why, we need to keep food safe PowerPoint.</u></p> <p style="text-align: center;"><u>Fridge vs Freezer Activity</u> – Discussion activity</p> <p style="text-align: center;"><u>Food Hygiene Activity</u></p>	<p style="text-align: center;"><u>Food Quizzes and Fun ideas</u></p> <p style="text-align: center;"><u>Taking the Biscuit</u></p> <p style="text-align: center;"><u>Which bake are you?</u> <u>Junior Bake off Quizzes</u> <u>Messy Meringue</u> - will anyone brave the 'meringue over the head' test to see if it is done?</p>
<p style="text-align: center;"><u>Weight and Measure</u></p> <p>Use BBC bitesize to learn more about weight and measure. Use the links below to watch the videos and complete the activities.</p> <p style="text-align: center;"><u>Units of measurement used for familiar everyday objects.</u></p> <p style="text-align: center;"><u>Reading different scales.</u></p> <p style="text-align: center;"><u>Measuring weight - grams and kilograms</u></p> <p>Log into Sumdog and complete the challenge set for you.</p>	<p style="text-align: center;"><u>Problem Solving Bake Off</u></p> <p style="text-align: center;">Have a go at the Problem-solving challenges below, start off Mild and see how far you can go!</p> <p style="text-align: center;"><u>Mild Bake Off Problem Solving</u> (1) <u>Mild Bake Off Problem Solving</u> (2)</p> <p style="text-align: center;"><u>Spicy Bake Off Problem Solving</u> (1) <u>Spicy Bake Off Problem Solving</u> (2)</p> <p style="text-align: center;"><u>HOT HOT 1 Bake off Problem Solving</u> <u>HOT HOT 2 Bake off Problem Solving</u></p>	<p style="text-align: center;"><u>The Eat Well Guide</u></p> <p>We are often reminded about the importance of a balanced diet...but, what does that actually mean?</p> <p><u>Click here</u> to learn about the Eat Well Plate and how it can help us to make healthy choices when we are planning our meals!</p> 	<p style="text-align: center;"><u>Listening and Talking</u></p> <p>Watch an episode of the Junior Bake Off to get some tips and ideas.</p>  <p style="text-align: center;"><u>Click here to Watch the Junior Bake Off</u></p> <p>The class login and Password are on the link.</p>