Week 9 Online Learning P2 Miss Gainford

Welcome to another week of online learning. I hope that you have all had a good week.

Last week we learnt about the person who started Sikhism, Guru Nanak. This week we are looking at the special holy building for Sikhs which is called a Gurdwara which means “ the door to the Guru”. It can be many different shapes and is often a building that has been used for something else beforehand.

A Guru is a religious teacher and there were ten living Gurus including Guru Nanak and then everything that they had taught plus important lessons from other religions were all written in a special holy book called the Guru Granth Sahib. The Guru Granth Sahib is treated with great respect and if you have one in your house it has its own room which is called a Gurdwara. It has a canopy over it to protect it and to show that it is important.

As a Sikh, part of your religion is Sewa which is helping others and because of this there is a langar or food hall in every Gurdwara for people to eat together in after a service. The langar serves vegetarian food that is paid for and prepared by the people who go to the Gurdwara. It is vegetarian so that people from any other religion can eat there too. At the moment the Langars are producing thousands of meals for other people including those who are isolating and working in the care services.

Guru Nanak travelled huge distances with his two friends, who were Mardana a Muslim and Bala a Hindu to teach people about Sikhism. Guru Nanak believed that people learnt and remembered things more easily if it was put to music, just think of your favourite song. Musicians play throughout the service which can be on any day of the week. They can also learn music at the Gurdwara.

Outside every Gurdwara there will be an orange flag flying from a tall flag pole. This is called the Nishan Sahib which means “ Holy Flag” . On the flag is the Sikh symbol called the Khanda. It has three parts, in the middle is a double edged sword called a khanda, there are two curved swords called kirpans and a circle which represents God without beginning or end.

Watch the following clip to see inside a Gurdwara and then see if you can identify and label each part on the sheet or just name them if you have not got a printer. Talk about what you saw on the video.

<https://www.youtube.com/watch?v=m6VWFDxyCr4>

What two things did they have to do before they entered the Gurdwara?

Where did they sit?

This week in health we are looking at Lemon the Duck and discovering how the children worked out a way to help her. We all sometimes use things to help us do things better and some people need to use these aids most of the time, just like Lemon. Enjoy this story.

<https://www.youtube.com/watch?v=r1VKbOpGQA4&list=PLaSegn4AdJAxfuuKsQ5lsLUM3C3PyP9e4>

What would you have done to help Lemon?

I particularly like this Story because it reminded me of a time when I was teaching in Edinburgh and we were given some eggs in an incubator by the Chunky Chicken factory nearby. We watched and we listened to the eggs and people from all the other classes were regular visitors to see what was going on and everybody was so excited when they saw the first hole appearing in one of the eggs. The chicks all hatched and the children gave each of them a name. They were called Eggy, Peggy, leggy, Meggy and Seggy but leggy was like Lemon and he couldn't stand up properly so he needed a little bit of extra care too. Unfortunately, we couldn’t keep them at school so we needed to find a new home for them. After they were a little bit older one of the children’s granny had a broody hen, now a broody hen is a hen that would like to have chicks but doesn’t. So one day, when she was fast asleep, this child’s granny took the chicks and put them in beside her and when the hen woke up she thought she had been so clever and she was very, very happy because she now had the chicks that she had longed for, the chicks had a new Mummy and they all lived happily ever after on the farm together.

Do you use anything to help you to do somethings better?

Have a look at the Helping us to do things sheet and see if you can sort the objects into the correct boxes.

Can you think of any other objects that we could add?

Have fun, keep smiling.

I will talk to you again next week.

Miss Gainford