

A full bag of sugar weighs about 1kg. Have a look around your house to find other objects that weigh;

1. 1kg
2. More than 1kg
3. Less than 1kg

You can either use scales or if you don’t have any use your hands as a balance by placing the sugar in one hand and the object in the other and you should be able to feel if the object is lighter or heavier.

Have a look at other food stuffs to see what weight they are.

Remember that kg stands for a kilogram and g stands for a gram.

1kg equals 1000g

½ kg equals 500g

If you don’t have a printer just write the answers on a piece of paper.