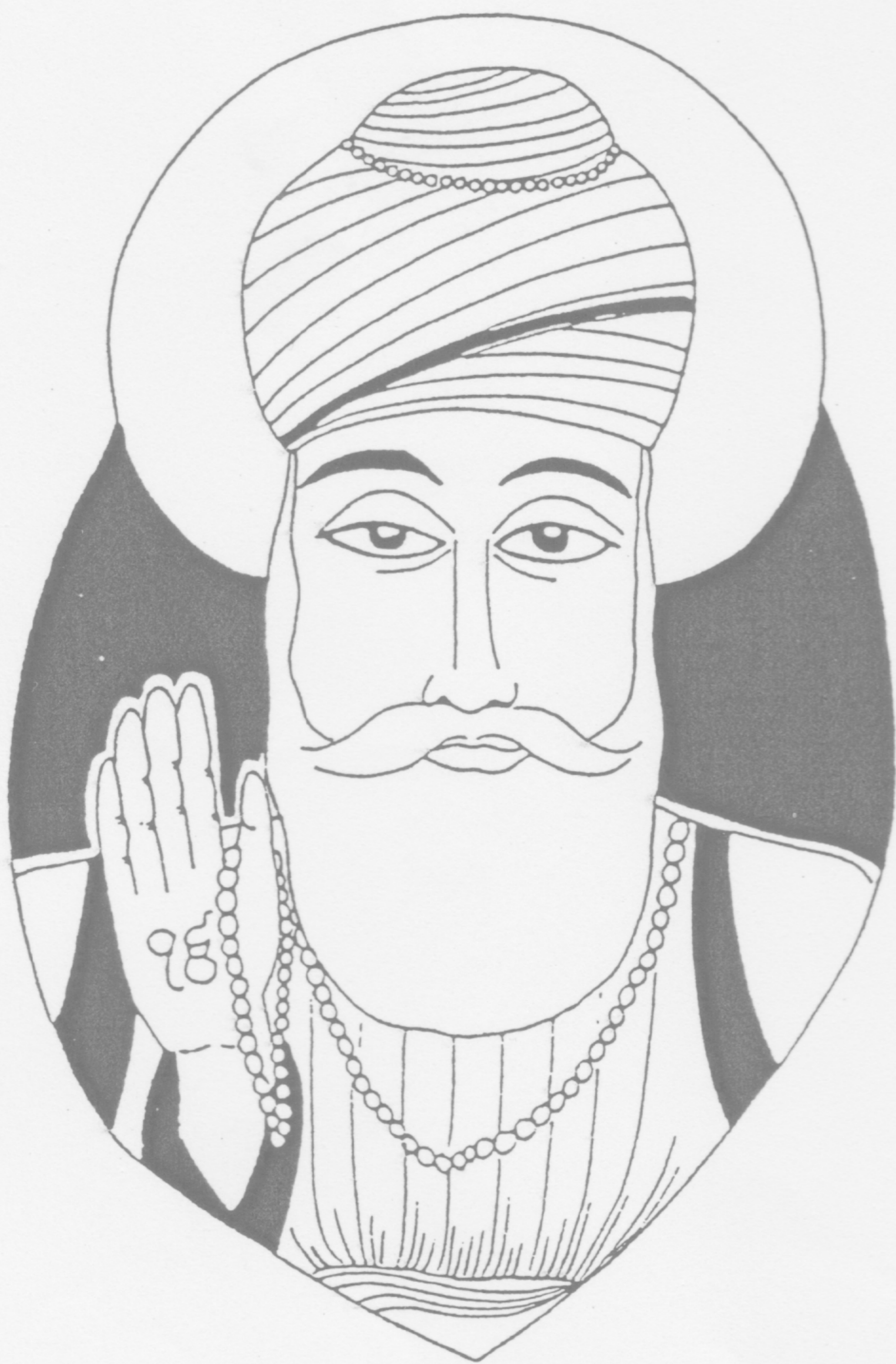


Hello, my name is Ravinder.  
I am 7 years old and would  
like to tell you about my  
religion. I am a Sikh and my  
religion is called Sikhism.



Sikhs follow the teachings of  
Guru Nanak. A guru is a  
special teacher and Guru  
Nanak was the first of ten  
special Sikh gurus.

Guru Nanak taught many important things including:

- there is one God;
- it is important to work hard and honestly;
- it is important to try and help other people;
- it is important to tell the truth.