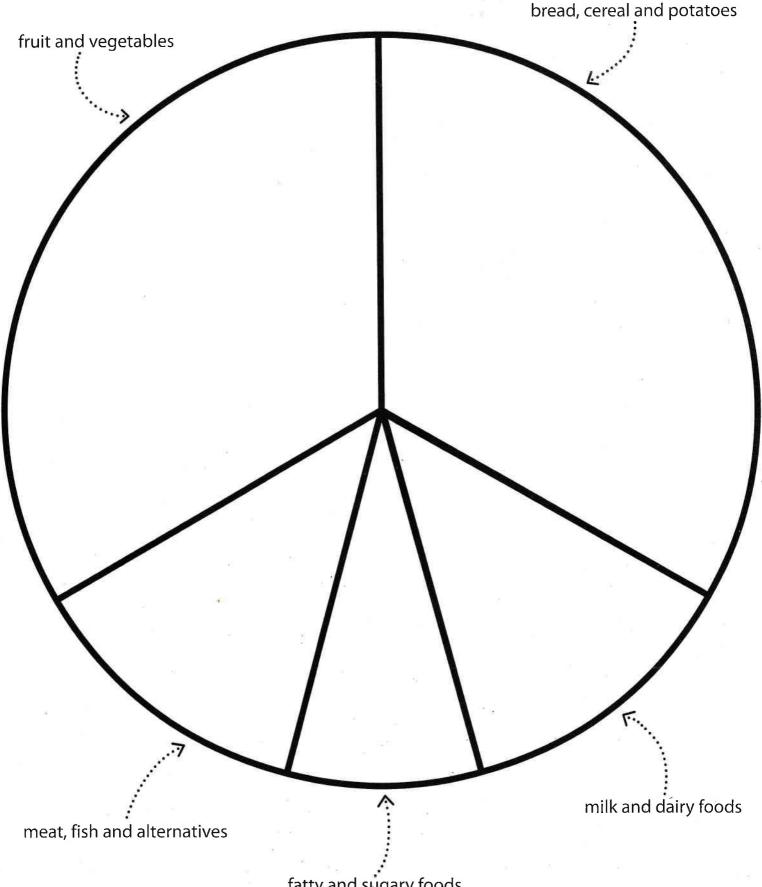
## **Balance of Good Health**

The Balance of Good Health shows you how much to eat from the different sections for a healthy, balanced diet. Draw pictures or write the names of foods that fit into each section.



fatty and sugary foods